



2025 Old Dominion NO FRILLS Ride & Tie and Equathon

160 Capon Springs Grade, Star Tannery, VA 22654
Ride & Tie 55/30/20/10 Mile – Equathon 20/10 and 10/10

FRIDAY, April 18, 2025
SATURDAY, April 19, 2025

The Old Dominion Equestrian Endurance Organization, Inc. is an organization which fosters and encourages both the use and development of the working horse through various efforts. It is the intent of the Old Dominion to provide the opportunity to participate in a challenging sport and at the same time to provide the rider with the knowledge to make it both safe and enjoyable. This Ride & Tie is being held in conjunction with the Old Dominion No Frills Endurance Ride

Entries: NO WALK IN or on-site registration will be available. Entries must be paid in full and received with all release forms and a copy of current (within last 12 months) Coggins no later than April 15. Please only bring horses that are entered in the ride and tie. **(ONLY HORSES ENTERED IN EVENTS FOR THAT DAY ARE PERMITTED ON TRAIL.)**

All participants MUST be members of the Ride and Tie Association. Individual membership: \$35, Family Membership: \$50. One day memberships are also available. Checks payable to The Ride and Tie Association. Member sign up is available on-line or you may download membership forms from website www.rideandtie.org.

Cancellation/Refunds: You must advise the RM directly via text or email if you are cancelling. No show/no advise=No refund. You will receive a full refund if you cancel on or before April 7. If you cancel on/before April 14, you will receive a full refund, less \$50 for ride expenses. No refunds will be issued if you cancel after April 14.

IMPORTANT: Only PEOPLE registered for the ride and ON the Ride Manager's volunteer list will be allowed in base camp. Do NOT bring friends or family unless approved by RM and they are on the limited volunteer list.

NO Awards Ceremony/Meeting: Completion/participation prizes will be given to you when you pick up your rider packets.

NO Meals will be served: Please come prepared. Bring your own food/meals and drink.

Ride Camp: Ride camp will be located on a private farm in Star Tannery, VA. There will be water available for horses; however, there will NOT be any human water. If possible, please bring water with you to the ride camp for you and your horse. Also, we request that you do not run generators after 10:00 p.m.

DOGS MUST REMAIN ON LEASH AND/OR CONFINED IN YOUR CAMP SITE AREA!

Directions:

From I-81: At Exit 296, turn west onto Hwy 55 for approximately 12 miles. Turn right onto Capon Springs Road and follow signs to the parking area.

From I-66: Follow 66 West until it runs into I-81. Take I-81 South 4 miles to Exit 296. At Exit 296, turn west onto Hwy 55 for approximately 12 miles. Turn right onto Capon Springs Road and follow signs to the parking area.

Vet-in: You will be given a vet in time when you arrive in camp. Please adhere to that time to limit the number of people up at the vet in area. ONE HORSE, ONE HANDLER!!!! **There will be no morning vet-ins.**

NO Ride & Tie Briefing: Instead, you will receive a rider packet when you arrive in camp that covers: hard copy of the ride briefing notes; each distance's start time, mileage, order and color of loops, heart rate criteria. (There will be a Q&A in the field outside the Endurance RM trailer at approximately 6:30 pm the day prior to your ride.)

Crewing: Due to restrictions on traffic flow in the George Washington National Forest, no crews are allowed at the away vet check. Ride Management will have packaged snacks, water and Gatorade at the away vet check (self-serve). Ride Management will have a limited number of volunteers on the crewing and hospitality teams to assist riders in addition to their other volunteer duties.

Riding the trail: HELMETS ARE REQUIRED! Once the event has begun, the rider is free to choose his/her own pace as long as P&R criteria into the Vet Hold Stations are reached before the cut-off times, which will be provided at the ride briefing. The veterinary committee will ensure that the horse is recovering to the safe parameters of temperature, pulse and respiration, and that there are no signs of excessive fatigue or lameness which would endanger the horse. **The terrain is rocky and challenging. Plan to ride accordingly. Shoes are required and pads are recommended. No smoking on the trail.**

Ride Manager: Janice Heltibridge, 540-233-0710. Entries should be sent to Janice Heltibridge, 6746 Back Road, Maurertown, VA 22644, janiceheltibridge@gmail.com.

Sanctioned by the Ride & Tie Association. Ride & Tie rules available on request or at www.rideandtie.org.
For information about the Old Dominion Equestrian Endurance Organization, Inc. and all we do, check out www.OldDominionRides.org.