

RIDE & TIE NEWS

PUBLISHED BY THE RIDE AND TIE ASSOCIATION

June 1995

Laura Christofk, Editor

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RIDE & TIE ENDOWMENT FUND CREATED

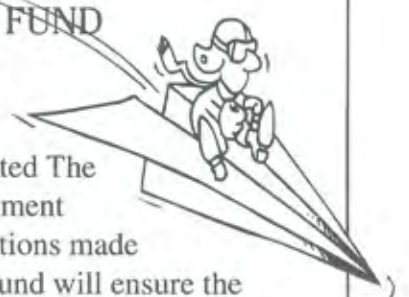
The Ride and Tie Association has created The Ride and Tie Endowment Fund. Your contributions made to the Endowment Fund will ensure the sport of ride & tie will continue and prosper for the next 25 years.

The Ride and Tie Association is a 501c3 Internal Revenue Code, non-profit, charitable organization. In most cases, donations to The Ride and Tie Association are TAX DEDUCTIBLE! If you are preparing a Will (or a revocable intervivos trust), also consider a bequest to The Ride and Tie Association. Be sure to use wording similar to "I give \$_____ to The Ride and Tie Association, a non-profit organization" in your documents. If you have questions about making donations to:

The Ride and Tie Endowment Fund
please contact Board member

John Osterweis at (415) 922-3278.

But please remember, John can't substitute for your personal tax advisor!



BIG CREEK & CUNEO CREEK RESCHEDULED

Due to the incredibly wet weather northern California has experienced this Spring, Two events have been postponed. The Big Creek Ride & Tie - Davenport, CA was to be held on May 20th is now scheduled for June 24th. The Cuneo Creek Ride & Tie - near Eureka, CA was to be held on June 17th is now scheduled for September 23rd. An updated schedule has been included in this Newsletter for your reference. Call the ride managers listed for each race if you have any questions about their event.

The Fall Pro-Am event will be the Cool Ride & Tie, October 14th in Cool, CA (near Auburn, which is east of Sacramento.)

The purpose of the pro-am event is to introduce new people into the sport of ride & tie by teaming them with a veteran ride & tier. An amateur is anyone who has completed two or less sanctioned races in their career. Pro teams can participate but do not

ANNOUNCING THE FALL **PRO-AM** EVENT

accumulate team points. This is to encourage more pro participants to bring new people into the sport. However, individuals and horses still earn points and mileage. The pro-am race has separate race categories for the pro-am teams. All pro-am awards are sponsored by the Ride and Tie Association.

SUN VALLEY TRAVEL CLIPBOARD

GOING TO SUN VALLEY ?

Take Highway 75 North from Ketchum/Sun Valley. Go approx. 10-14 miles to Baker Creek turn off. Follow the Ride & Tie signs about 3 miles to camp.
From Reno, NV take Hwys 80 North, 93 North, 75 North (475 miles)
From Portland, OR take Hwys 84 East, 26 East, 75 North (600 miles)
From Las Vegas, NV take Hwys 93 North, 75 North (550 miles)

INTER-STATE HORSE HAULING THE SCOOP FROM NITA BROWNING

Pat and I were asked to get as much info as possible about the requirements to haul horses to the World Championship in Sun Valley, Idaho. No one wants to have their horse held in quarantine in either Nevada or Idaho instead of having fun in Sun Valley!

According to Judy (702-688-1180) at the Brand Inspection Office in Reno, the most important things a Nevada brand inspector wants to see are:

1. **Proof of ownership**
2. A **current brand inspection certificate** from your state of origin (brand inspection certificates are not required for California horses entering Nevada but you must have proof of ownership. However, owners of California horses must obtain a Brand Certificate prior to leaving Nevada *if* their horses are unloaded in Nevada for a period of longer than 24 hours. Thus, unloading at a rest stop does not necessitate this inspection.)
3. A **current livestock health certificate** issued by a licensed veterinarian

All documents must adequately identify the horses in your trailer if stopped. Remember to inform any Nevada official who may stop or question you that you are driving through



Nevada to Idaho and you do not intend on staying in Nevada for more than 24 hours. Finally, you are required to **stop at all Nevada Highway Patrol commercial vehicle inspection stations if they are open.**

The requirements are about the same in Idaho as in Nevada according to Lucille (208-884-7070). Per her suggestion, we are going to contact George Spencer (the Brand Inspector in Sun Valley) to see if we will need anything to leave Idaho or enter Nevada after the race. If we do, we will make arrangements for everyone at the race. If your brand inspection certificate from your home state is good for annual, seasonal or lifetime, you will not be required to get any additional inspections in the state of Idaho.

The most important documentation when traveling in Idaho and Nevada is proof of ownership. This could be a bill of sale, registration papers (in your name) or a letter of permission from the owner to have the horse in your possession. A Coggins test is required only in the state of Montana but **a health certificate is required everywhere else in the western United States.**

Pat and I plan to be in Sun Valley at least one week prior to the Championship and we look forward to having fun with everyone there. This is the 25th Anniversary of Ride & Tie and the comrade and competition far surpass most other horse events. We always have such a fun time with our ride & tie friends. Come join us!

BEFORE THE LONG HAUL

VITAL SIGNS - A few days before a major trip, monitor each horse's vital signs-temperature, pulse, respiration- so you'll recognize any early signs of impending illness. A normal rectal temperature might vary from 99-100.8 degrees. A normal pulse can be anywhere from 32-44 beats per minute, and respiration will be between 8-16 breaths per minute. Write down each animal's normal rates and carry them with you.

WATER - Water your horses with buckets rather than automatic waterers. This will allow you to monitor consumption and note any early warnings of dehydration.

FEED & EXERCISE - A day or two before a long trip, cut back on training demands and, to counter on-the-road constipation, give a laxative bran mash or two. Be careful when giving electrolytes. If your horse is not a good drinker while traveling, they may actually cause a horse to dehydrate more than if electrolytes were not given at all.

TRAILERING TIPS

OPEN AIR TRAILERS - Fly masks offer eye protection from flying debris

ENCLOSED TRAILERS - Remember to fly spray! Provide as much air circulation as possible. Wood shavings help to absorb urine and offer a bit of cushion but they can also blow around and get into your horse's eyes. So will hay. A fly mask will prevent that. Open all doors, windows (and even the ramp) at all stops to let fresh air in.

GET EM OUT - Every 8 hours or so. Give them some time to relax, drink and urinate. Get em in the shade if its been hot on the road. A yummy bran mash with (small pieces) of carrots and apples are a treat for hot, road weary horses. Feed it in a bucket on the ground so your horse will stretch his neck muscles. A couple of minutes walking is also helpful

BE PREPARED

Take along an emergency kit containing:
Sterile gauze (pads and roll), cotton roll, vet wrap, nitrafurozone, Betadine, twitch, fly repellent, scissors, knife, rectal thermometer, longe line, extra halter, expandable water jug, extra blankets and coolers, a chain shank for each horse, tranquilizer. Have phone numbers for vets and clinics along the way.

Research shows that trailered horses are less stressed when they travel facing backwards

WHAT TO PACK FOR THE ROAD

Serviceable spare tires for truck and trailer
Jack & tire iron, trailer tire change block, wheel chocks
Fuses, flashlight, flares, jumper cables, fire extinguisher
Assortments of wrenches and screwdrivers
Names and phone numbers of contacts along the way, as well as recommended layover barns

Tamarack Lodge

European Style Lodge

Luxury At Affordable Rates

Walk to great restaurants & night life

Year around indoor heated pool, outdoor jacuzzi

Standard rooms-1 king or 2 queen beds

fire place rooms-sofa sitting area

Suites-1 bedroom & sitting room with fireplace

All rooms have

Refridgerators, microwaves, coffee makers

HBO, hair dryers

Reservations (800) 521-5379

**MENTION "RIDE & TIE" TO GET
SPECIAL RATES FOR RIDE & TIE
PARTICIPANTS, FRIENDS & GUESTS
OFFER GOOD TILL JUNE 22
OR UNTIL RESERVED ROOMS ARE
TAKEN**

HURRY, THERE GOING FAST!

OFFICIAL
SCHEDULE
1995

RIDE & TIE

June 24
ROCK AND ROLL RIDE & TIE
Teddy Lancaster
Running Bear Farms
1348 Township Road
Kitts Hill, OH 45645
614-533-0154
20 miles

June 24
BIG CREEK RIDE & TIE
Barbara McCrary
330 Swanton Road
Davenport, CA 95017
408-423-4572
30 miles

July 1
GALWAY DOWNS RIDE & TIE
Arlene Foster
38230 Lorenzo Lane
Hemet, CA 92544
909-767-1237
15/30 miles

July 22
World Championship Ride & Tie
California Sports Marketing
P.O. Box 794
Morgan Hill, CA 95037
408-776-3035
39 miles

August 26
CHAMPAGNE RIDE & TIE
Steve Shaw
155 Baltrusol Drive
Aptos, CA 95003
408-685-3436
30 miles

(REVISED 5-13-95)

September 9
BLOOMFIELD BOOGIE RIDE & TIE
Jon Root
P.O.Box 461
Grass Valley, CA 95945
916-292-1902
12/26 miles

September 23
CUNEO CREEK RIDE & TIE
Chris Amaral
1920 Archer Road
McKinleyville, CA 95521
707-839-5624
17/32 miles

October 14
COOL PRO/AM RIDE & TIE
Margo Shea
P.O.Box 837
Loomis, CA 95650
916-652-3650
11/22 miles

October 28
CUYAMACA RIDE & TIE
Arlene Foster
38230 Lorenzo Lane
Hemet, CA 92544
909-767-1237
15/33 miles
November 4?

CLIFTON HORSE SOCIETY RIDE & TIE
Jean Lichtenberger
149 Spring Street
Herndon, VA 22070
703-435-1911
6/12 miles

A NOTE FROM BUD



Dear Ride & Tie Family:

Mary Tiscornia just asked if I would write a few lines for this pre-Silver Anniversary Championship mailing. How could I refuse when I think of watching Mary and Chuck Stalley each start their 25th championship ride & tie?

There are lots of other reasons why the excitement is building for me as I hope it is for you. The July issue of TRUE WEST just arrived and I had a chance to read in print an article I wrote on ride & tie (as transportation) with a sidebar on the sport. The latter refers to the first race (June 6, 1971) as well as the one in Sun Valley so it generated both memories and anticipation. Then I saw Barbara Ravizza's great "2 people, a horse and a tough race" poster and both Mary and Curt Riffle have called with progress reports about July 22.

But the biggest thing for me - and I hope for you - is looking forward to The Family's two C's: Competition and Comaraderie. If you're already planning to be part of it - Great. If you haven't made up your mind - Do (to be there.) And if (perish the thought) you decide to miss out on it - Reconsider.

Because I'm looking forward to seeing you whether like Mary, Chuck or Jim Steere (and others - Jim Larimer is one - who had better be there) we first met in 1971 or during the later years when I was race director or you came into the sport since 1984 or if we're going to meet when you do your first R&T championship July 22.

Bud Johns.

RIDE & TIE PAST & PRESENT

By
James H. Steere,
D.V.M.

Last July I volunteered to write a position paper for the Ride and Tie Association about the conditioning, care and use of horses in the sport of ride & tie. What should have been an easy assignment turned into a long struggle with writer's block from which I am now recovering. I finally realized the best approach is in the context of the history of the sport.

1971: The First Annual Levi's Ride & Tie

The race was from St. Helena to Sonoma, California. Of the 68 starting teams, only 38 completed this not too hard but very hot 25 mile race. Unfortunately the race was marred by the death of 2 horses from heat stroke. The next day the

continued from lower left

Sonoma Index, an article titled "The Big Lie Hit Ride & Tie" reported that rumors were spreading that horses and people "were dropping like flies" in the hills. By

rumors were spreading that horses and people were "dropping like flies" in the hills

Monday morning, the Index was receiving reports from people that from 4 to 14 horses had died and that one man had died of a heart attack and six others were in the hospital. On Tuesday, headlines in the Santa Rosa Press Democrat read: "Furor Building in Death of Horses" and "Humane Society Investigating Race." The article went on, "Deaths of two horses during an Old West Ride & Tie Race Sunday at Sonoma are being investigated by the Humane Society of Sonoma County. Executive Director Margaret Richardson received 15 complaints from participants and spectators on the day after the race, some saying they would 'never support a race like that again . . .'"

Veterinary Controls

I wrote a letter to the race director, Bud Johns, recommending he invite

the participation of the Humane Society

since most officers are not horsepeople. I also recommended finding a head vet experienced in riding and vetting endurance rides who could choose a team of vets including assistants for the pulse and respiration checks. This would free the vets to check for lameness and soundness before, during and after the race. Finally, require that all horses must pass a post-race vet check. Little did I know this letter would be a job application. Bud called and said the job was mine!

Safety of the Horses

With the veterinary controls in place, the Humane Society was satisfied. By the end of the 70's, the popularity of ride & tie had grown so much that Pat Gerber published Planning and Producing a Ride & Tie Race. It was the first attempt to give a "position report" on what ride & tie was all about. The paramount theme in the manual was the health and safety of the horse. According to Gerber, "we have emphasized that

(continue next page)

Past & Present continued from previous page

the safety of the horse is essential for a successful race and it should always be the prime consideration for any group when planning or executing a ride & tie." "Conditioning your horse, knowing his or her strengths and weaknesses and caring for him or her on the trail is just as important, if not more so, as your own training. Two good runners can utterly fatigue all but the best conditioned horses in a race of this kind."

"In the Levi's Ride & Tie, the veterinarians have always approached their job with the following philosophy, and we recommend that it be adopted by other ride & tie groups. Stated simply, it is that the veterinarians are not there to police the race, but rather to get the horses through the vet checks as quickly as possible while still protecting the horses' health and safety. If the vet can't decide whether to pull a horse for lameness, he or she should not. But if a vet cannot decide whether a horse should be pulled for a metabolic problem, he or she should. The vet emphasizes to the riders that they are responsible for their horse's health and safety and, at the same time, the vet is there to help in any way to get the horse safely through the race."

The Association is Formed

In 1986, Levi withdrew its sponsorship of the race. The Ride and Tie Association was formed with the general purpose "to encourage the development of the sport, to do research in comparative physiology of the human and equine athlete, to establish standards for ride & tie competitions for the protection of the contestants - equine and human, to take steps to assure the longevity of the sport and that its development comes from its participants, to provide a network of people interested in the sport and to serve as the organizer of annual National Ride & Tie Race."

Ride & Tie in the 90's

Nearly a quarter of a century has passed since the first, near disaster ride & tie. The sport has become one of the safest of all equestrian competitions. In 22 World Championships we have had nearly 65,000 horse miles with no metabolic fatalities and a 90 % completion rate with most horses being pulled due to lameness.

What are the reasons for this successful safety record? First is that ride & tie competitors have learned how to condition their horses and care for their needs in an intense and loving way.

Second, vets have also learned how to rescue exhausted horses more effectively. Vets have become teachers rather than police, passing their knowledge to the competitors and their crews. Third, pit crews have also learned about care for these equine athletes before, during and after the race.

Finally, ride & tie participants have learned to put the health and safety of our horses foremost and winning notmost. An example was the 1981 Championship race at North Star when Jack Garnett, coming into the last vet check one mile from the finish with a lock on second place and a \$3000

prize, discovered from the vet his horse was lame. With no hesitation Jack pulled his horse.

Curiously, ride & tie may be less stressful on the horse than say an endurance ride. Horses are anaerobic animals who outrun its predators in a fast but short adrenaline rush but then stops to rest and check to see if it is still being pursued.

the hurry up and wait pace of a ride & tie race is natural for a horse

Thus, the hurry up and wait pace of a ride & tie race rings a genetic bell that fits well with the natural exercise pattern of the horse.

A 25th Anniversary at Sun Valley Invitation

The ride & tie family is about to gather again in Sun Valley for the 25th Anniversary event on July 22. We welcome all the many "old-timers" who will be re-joining the family as well as all the new family members. And we will be joined by Bud Johns who will hopefully bring his "Paso Robles Fog" that assures our horses safe passage, bring strength to our men and women to conquer the mountains of Idaho and who will also bring his famous black hat and shot gun to start the crazy stampede which we call ride & tie.

As head vet, I look forward to seeing you all at Sun Valley and having a fun but safe race for equines and humans alike. We will be initiating another new feature in the Race Week activities this year. On Thursday afternoon after the Annual Membership Meeting

at 1:00 PM, several short, informative seminars will be available. I have been asked to give a short talk on equine health

during a ride & tie race. Please join me as we continue to learn how to provide a safe and healthy competition for our equine teammates. Please join me and the rest of the ride & tie family.

several short, informa- tive seminars on equine health during a ride & tie will be available

The sport has become one of the safest of all equestrian competitions.

CUNEO CREEK
PRACTICE RIDE & TIE

JUNE 17th

Call Chris Anapol for more info.

(707) 839-5624

It's time to hang a few new heads on the wall

Please vote for not more than three candidates listed on the left to fill the three Board vacancies as of July 20, 1995. Mail your ballots to the Ride and Tie Association office by cutting out this page, folding this ballot so the Association address appears on the outside. Attach a first class stamp and mail it to the Association by July 10, 1995. Those three candidates receiving the most votes will be announced at the Annual Membership Meeting on July 20th at 1:00 PM at Sun Valley, Idaho. Candidates will serve a 1, 2 or 3 year term depending on the number of votes they receive.



1995 BALLOT

Board of Directors

Mary Tiscornia

incumbent, Nomination Committee candidate

Jim Steere, D.V.M.

incumbent, Nomination Committee candidate

Byron Grant

Nomination Committee candidate

(Write-in candidate)

RACE DAY TIPS

Here are Robert Eichstaedt's suggestions for successful ride & tie racing. What are yours? Send your favorites to Curt Riffle, 469 Casita Way, Los Altos, CA 94022 so they can be incorporated into the Mentor Program.

1. Leave NOTHING for race morning. Be completely ready the night before.
2. Don't try anything new-equipment, food, clothing, pace, horse, etc.-that you have not used successfully in practice.
3. Warm-up your horse before the race.
4. Let the best rider ride the start of the race.
5. If alternating ties with hand-offs, keep the most experienced teammate in front.
6. Drink and let your horse drink - lots!
7. Talk to your partner everytime you pass and talk to your horse. Be positive
8. Know what your horse and your partner look like from behind.
9. Attend the pre-race meeting and make sure you see a map of the course. No question is too stupid because undoubtedly someone else is wondering the same thing but afraid to ask.
10. Take care of your horse and your horse will take care of you.
11. A ride & tie team consist of four members. The most important is your horse. The second most important is the crew. The third and fourth members are just along for the fun of it.

1	Jim Howard	Uri Driscoll	Cimarron	1st M/M	2:41
2	Mark Richtman	Lon Clearwaters	Miami Spice	2nd M/M	2:42
3	Dennis Rinde	Pat Browning	Willey	3rd M/M	2:45
4	Cathy Ceragioli	Gary Ceragioli	Cody	1st M/W	2:58
5	Mike Lynch	Chris Knoch	Saxx	4th M/M	3:09
6	Jeff Windeshausen	Tony Brickel	Rambo	5th M/M	3:13
7	Steve Shaw	Ellen McCrary	Cardigan	2nd M/W	3:14
8	Elaine Ruprecht	Tom Gey	Amwar Magic	3rd M/W	3:22
9	Curt Wrongway Riffle	Skip Lightfoot	Court Decision	6th M/M	3:24
10	John Osterweis	Warren Hellman	Joe	7th M/M	3:28
11	Gayle Snow	Lorrie Rager	Brandy	1st W/W	3:33
12	Linda Mornell	David Tarpinian	Macho	4th M/W	3:37
13	Mike Freketish	Cathy McKee	Fury	5th M/W	3:58
14	Dianne Logan	Cierra Buer	Kalua	2nd W/W	5:32
1	Jim Brown	Jim Kerrigan	Spumoni	1st M/M	
2	Cory Latin	Bob Davis	Reno	1st M/W	
3	Kirsten Thompson	Sheryk Soto	Black Edyise	1st W/W	

MOUNTAINSIDE 25 & 10 MILES



FOLD HERE ↓

BALLOT

DON'T
FORGET
THE
STAMP

RIDE & TIE ASSOCIATION
1865 Indian Valley Road
Novato, CA 94947

RACE RESULTS



PRINEVILLE 25 MILES

1	Paul Greathouse	Lew Hollander	Miss P
2	Bechy Fredley	Ken Robinson	

VIRGINIA 20 MILES

1	Kathy Broaddus	K. Williamson	Au Jus
2	Audrey Bostian	Martha Klopfer	
3	Jim Dimmette	Janice Haug	Timber

QUICKSILVER PRO-AM 23 MILES

1	Laura Reibling	Mark Richtman	Eli	1st M/W
2	Pat Browning	Dennis Rinde	Willie	1st M/M
3	Lon Clearwaters	Jon Root	Miami Spice	2nd M/M
4	Jerry McIntosh	Dennis Tracy	Star	3rd M/M
5	Teri Rose Tackacs	Laura Wilson	Raspberry Mint	1st W/W
6	Dale Roush	Michelle Roush	Molly	2nd M/W
7	Wayne Hinrichs	Cathy McKee	Grady	3rd M/W
8	Becky Hart	Steve Shaw	Rio	4th M/W
9	Mark Driscoll	Don Roth	Julius Pride	4th M/M
10	Bill Barboni	Paul Robinson	Abe	5th M/M
11	Lorrie Rager	Gayle Snow	Whitey	2nd W/W
12	Cindy Foster	Laura Johnston	Allegra	3rd W/W
13	Tim Hinrichs	Jeff Windeshausen	Tikki	6th M/M
14	Greg Brown	Mike Lynch	Habu	7th M/M
15	Don Betts	George Hall	Gavilan	8th M/M
16	David Foster	Linda Foster	Linda	5th M/W
17	Eric Rook	Gary Webb	Ggaffon	9th M/M
18	Judith Ogus	Skip Lightfoot	Court Decision	6th M/W
19	Arleen Foster	Linnea Hearst	La Farra	4th W/W
20	Warren Hellman	Gabrielle Mann	Joe	7th M/W
21	Jim Brown	Jim Keegan	Spumoni	10th M/M
22	Kristan Flynn	Jon Priest	Memphis	8th M/W
23	Mike Ferketich	Chris Turney	Fury	11th M/M
24	Curt Riffle	Corrine Stewart	Rajik	9th M/W
25	Robin Klaus	John Osterweis	Silverado	10th M/W
26	Ellen McCrary	Jeanine McCrary	Scots Bilexijo	5th W/W
DNF	Carl Hill	Michelle Pressel		
DNF	Mike Longero	Rick Poppen		

M/M - Man/Man
M/W - Man/Woman
W/W - Woman/Woman



THE RIDE & TIE ASSOCIATION MEMBERSHIP FORM

Name(s) _____

Address _____

Phone _____

- I am a Rider
- I am a Runner
- I need a teammate and a horse
- I have a horse, but need a teammate
- I have a horse to loan or lease

All categories of membership will receive The Journal of the Ride & Tie Association, information and applications for the annual World Championship Ride & Tie, advocacy for growth and competition in all aspects of the sport, inclusion and eligibility for the national point system and assurance of the continuance of the sport of Ride & Tie.

As a 501(c)(3) non profit organization, these membership contributions are tax deductible.

TYPE OF MEMBERSHIP

(check your choice of membership)

- Lifetime member** (\$500)
Receive lifetime memberships for themselves and family as well as anual recognition for their contribution.
- Competitor Member** (\$50)
Provides access to the membership database which can link up teammates with horse, riders and runners.
- Competitor Family Membership** (\$75)
- New Member-1st Year** (\$20)
Offered at a reduced rate for those checking the sport out.
- Supporter** (\$100-\$400)
Recieves a one year mebership and special recognition for their donation to further the sport of ride & tie.
- Friend of the Ride & Tie** (\$20)
Not an actual competitor but would like to show their support for ride & tie.

Previous Ride & Tie, Running, and Endurance Riding accomplishments:

(List events, finishing places, stories for publication and interesting fact.)

How did you first hear about the Ride & Tie Association or the sport of ride & tie?

In what way could you volunteer to assist The Ride & Tie Association or the sport of ride & tie?

The Ride & Tie Association

1865 Indian Valley Road
Novato, CA 94947
415-897-1829

First Class Mail
U.S.Postage
Paid
Novato, CA
Permit No. 83

MEMBERSHIP EXPIRED

Jennifer Oltmann
P.O. Box 1423
Arroyo Grande, CA, 93421

ADDRESS CORRECTION REQUESTED