

# RIDE & TIE

NEWSLETTER  
March 2009



ERIK WEBER PHOTOGRAPHY



# PRESIDENT'S MESSAGE

The Ride and Tie Association is a great organization. It is a pleasure to be part of the staff that puts on the Ride & Tie Championship races. I have made some good friends and met some great people putting on these races. As the President I receive a lot of praise when these races go as well as they do. Aside from trying to be helpful and most of the time staying out of the way, my real asset is that I delegate well and I'm a good worrier. The real praise needs to go to others.

I first would like to thank my wife, Annie. I have personally seen all the hours she put into making this event successful. Thanks to my new good friend since 2007 and second time race director, Chris Amaral. Hear! Hear! Chris is another fine delegator and he puts on terrific races. Special thanks to Sequoya Ward, who with some encouragement may be the race director here at Humboldt for the 2012 Championship and Lisa Tine who worked hard and also kept Chris feeling good. Extra thanks to Marlene Allan, Renee Robinson, Casey Allen and all the tie-dyed Humboldt gang.

Congratulations to Michelle Andreotti and Susanne (Andreotti) Rowland, our first Woman/Woman team to win the Ride & Tie Championship. It is great to have the Andreottis back. Congratulations to all the Juniors who completed the race, especially, Sara Howard and Lucas King who finished in the top ten! Welcome back to Gabrielle Mann, Jon Root, and David Tarpinian too. We have missed you all.

This was Greg Fellers' first year as our Head Veterinarian. He and his staff of Jim Steere and Jeanette Mero did a great job. The transition from our long time friend, Jim Steere, to Greg was very smooth. I believe the Ride and Tie Association is fortunate to have found such a fine replacement.

Cuneo Creek Horse Campground is by far my favorite horse campground anywhere! Part of what makes it so great is the camp hosts, Andy and Sharon Anderson. Not only do they keep the campground looking great they also helped us put on our event. You don't have to be a group to camp at Cuneo. If you are in the area this summer with your horse, stop and spend a night or two. You will be glad you did. You can make a reservation on line and you probably should do so.

Another fine buckle was received by all finishers. This buckle will someday be worth a bundle as it has a slight error. If you look closely you will notice that there is no "d" in Humboldt.

It is time to start planning your next year's vacation. The 2010 Ride & Tie Championship will be at Mt. Adams in southern Washington. It's another great horse campground. There is lots of room. Everyone come and come early. This is another vacation destination.

The camp is located just past Trout Lake, Washington. Bring your skis. In June you can still hike to the top of Mt Adams and ski down. The trails around camp are perfect for ride & tie. This is Washington, the "Evergreen State." There are several white water rafting companies in Trout Lake and white water rafting on three different rivers in the area. I have been told there is some pretty awesome white water. Just a 20 mile drive and you can windsurf on the Columbia River, go fishing, or a little further you can check out the Bonneville Dam And if you don't want to camp there are "bed & breakfasts" in Trout Lake.

Congratulations to Jon Root for becoming our newest member in the 2,000 Mile Club. Congratulations to Jim Clover for earning his fifteen year pin for completing fifteen years of Ride & Tie Championships and to Steve Anderson, Carol Ruprecht, Rufus Schneider and Dave Van Wicklin who earned their ten year pins!



Don Belts on Rainy and George Hall finish the 2009 Championship

I want to thank Pat and Nita Browning and Cindi Brown for having served on the Board of Directors.

The election results for Board of Directors are: Steve Anderson 34, George Hall 34, and Lani Newcomb 32 for the three year term and Ben Volk 22 for the two year term. George Hall from California and Ben Volk from Washington are new to the Board.

We have a new Junior News Editor, Bethany Draegger, who will start with the next issue. Sarah Howard is our new Junior Representative to the Board of Directors.

We are looking forward to working with all of these new people.



# 2009 RIDE & TIE CHAMPIONSHIP

## FIRST MAN/WOMAN TEAM

Finishing just three minutes behind the first place team was Jim and Sara Howard on Magic Sirocco, last year's first place champions. Sara told me after the race: "This year's course was a lot easier than I expected it to be, I was not looking forward to the all uphill and then all downhill on each loop but it really wasn't that bad and the scenery was beautiful. We never actually saw the Andreotti sisters on the course so it was an interesting experience. We did not push our horse at all on the first loop and I think that it would have been easy to make up time there."



## FIRST MAN/MAN TEAM

Finishing seventh overall, Washingtonians Lucas King and Ben Volk were both surprised to find themselves with the honor of First Man/Man team. They had hoped to win first Pro-AM award, which they did. The Championship was Lucas' second ride & tie racing experience. Ben Volk finished third at last year's championship with Dale Fuller and first in the Short Course at Santa Ysabel in 2006 with Lisa Preston. (More about Ben and Lucas on page 6.)



## BEST CONDITIONED HORSE

The Title "Best Conditioned Horse" was earned by the Andreotti family's 10 year old Arabian, "Over A Mile" aka "Maurey". His trainer, Susanne Rowland says "I do a lot of arena work with him to get his basic foundation correct. I work him four or five days each week on dressage, pole work and small jumping exercises. One or two days he goes out on the trails, usually just trot work and hills, and one day he rests."

His race experience includes a couple of endurance rides back in 2005, finishing first at Camp Far West 30 mile endurance ride last July and finishing second in the Wild West 50 mile endurance ride this year. He earned BC at Wild West also.

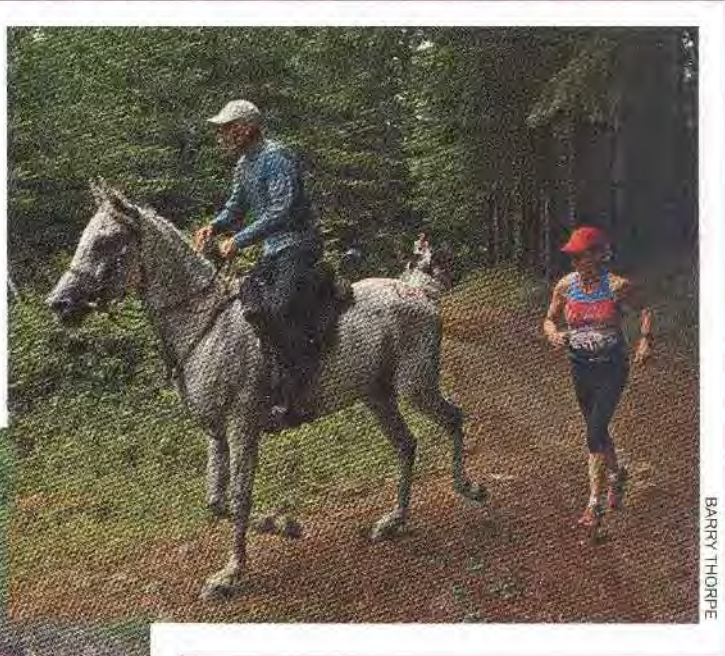
Maurey's first ride & tie was at last year's Cool Ride & Tie, where he finished first but was disqualified with a bruised frog.



# SHORT COURSE CHAMPIONS

Placing first in the long Short Course at the Championship was Carrie Barrett and David Tarpinian. About the course David said: "The short course through the redwoods was the perfect distance and after a seven year hiatus, winning felt spectacular. I had forgotten how fun ride and tie is."

Old time ride & tiers, Dave Andreotti and Jon Root finished second in the short course. I can only say that the short course for us was perfect, another loop would have done me in; you couldn't ask for a more beautiful area." says Dave.



BARRY THORPE

Above: David Tarpinian and Carrie Barrett on River.  
Left: Dave Andreotti and Jon Root on Laramie  
Below: Sue Smyth on Fly Away Joe and Jess Pinto.



Annie Betts



Annie Betts

Third place winners, Sue Smyth and Jess Pinto loved the course. Jess Pinto commented, "This was my first Championship race & 4th Ride & Tie and I absolutely loved it!! The campsite was awesome & the trails were some of the more beautiful I've ever ridden/run. I loved the soft footing, fog dripping through the Redwood trees, little windy single tracks carpeted with leaves and weaving in and out of wild flower-filled meadows with sweeping views of green-blue valleys. The weather was perfect for running, not too hot, not too cold. The course was challenging but not too hard, a nice distance so you ended feeling like you really accomplished something but weren't trying to kill yourself doing it!"



# ANDREOTTI SISTERS WIN CHAMPIONSHIP

For the first time in Ride & Tie history, a Woman/Woman team, Michelle Andreotti and Susanne Rowland, finished first at a Ride & Tie Championship. With a time of 3:57 they finished only three minutes ahead of last year's winners, Jim and Sara Howard.

Susanne and Michelle are well remembered by some of the early ride & ties as children who played in camp with the Richtman kids while their parents competed. Susanne remembers an early race where she and Michelle competed on their 12 hand pony. Since then both she and her sister have competed in endurance, and marathons and the occasional ride & tie.

Michelle says: "Last year at the Taylorsville Championship, our older gray Arabian, Scooter, was inducted into the Ride and Tie Hall of Fame, so our whole family made the trip to Taylorsville. We had a great time catching up with people we haven't seen in years, crewing for good friends, and mostly becoming inspired to be in the race. Susanne and I decided then and there we would enter next year and on the drive home we devised a plan. The plan included purchasing and training a horse, developing a strategy, entering the race and beginning the training."

Susanne trained the horse, "Maurey" (aka Over A Mile) who not only carried them to First Woman/Woman team but also earned the title of Best Conditioned horse. Michelle describes him as a ten year old chestnut Arabian who loves carrots.

Training themselves was also part of the plan. Michelle says it was fun because everyone in the family got involved. Michelle started riding again once or twice each week and returned to her running schedule which includes running five days a week including one day of hill intervals. On the weekend she goes for a long run. Her father, Dave Andreotti, paces her when she goes on long runs. "...with Gu, bottles filled with water, and occasional swear words..."

Their strategy for the race, was to have Susanne start on the horse and get him out in front. From there, Susanne would run up the hills and Michelle down, suiting both their strengths and weaknesses. "We let Maury set his own pace whether going up or down. He definitely likes speed, but so do I so it works out well," says Susanne.



Michelle and Susanne, 1989  
(Photo from Andreotti Family album)

Their strategy worked out well. Michelle says, "I knew we were fairly quick, but wasn't quite sure we could stay up with the 'front runners'. After coming into the first vet check I thought we might have a chance at winning due to a very fit horse and very fast uphill running partner. The mountain coming out of the vet check was unrelenting and quite steep in places. I could not believe how far up the hill Susanne had reached by the time I got to her. The course was designed beautifully and suited our strategy to a tee.

Both women have fond memories of early ride & ties where they camped and played with their ride & tie friends. "Mostly I remember playing in the creeks, tents, trees and anywhere else we could wander off to with the Richtman kids," says Susanne. They also remember watching their father compete. Michelle recalls "One of my favorite memories is when Dad crossed the finish line at Big Creek Ride and Tie Championship in the Santa Cruz mountains."

Both daughters know he is very proud of their accomplishment. Michelle says, "I know I'll never be able to run as fast as he did, but I keep training in hopes that someday I might. He loves to compete, race or do anything that involves speed and I know he really enjoyed watching us win. I haven't seen a smile on my Dad's face like that in a very long time."

Susanne adds, "My dad is an old ride & tier. I am sure we made him proud. The funny thing is on Thursday before the race when we were going over the course he was following me riding his mount and said, 'You know, if you ride this fast during the race, you're not going to finish.' I just smiled and laughed a little...because we were trotting and I knew we would be going way faster on race day.



HARRY THORPE



# JUNIORS AT THE CHAMPIONSHIP



Sara Howard



Madison Troena



Lucas King



Bailey Tibbets



Kelsey Cues



Regan Volk



Sara Howard

Photos on the trail were taken by Barry Thorpe. Finish line photos were taken by Annie Betts and Peter Ramsing.



Kelsey Cues and Caylin Troena



Madison Troena



Fiona Droway Messer



## 2009 Championship Ride & Tie by Ben Volk

My partners this year were 15-year old Lucas King from Trout Lake, WA and his Mom's Arab horse, MonDart. Lucas' Mom, Steph Irving, and I finished 15th at the Championship two years ago. MonDart is a seasoned 22-year old endurance horse, and this was her fourth Ride and Tie. This was Lucas's second Ride and Tie after completing the Mt. Adams Ride and Tie in May 2009.

Once again this year I did the ride-out from the meadow. It was a little calmer than last year since MonDart had her buddy Fleesa Flyer running next to us with Steph in the saddle. We did a hand-tie at one mile with Steph's husband, Steve King. I had ridden the first loop a couple of days before the race on my mountain bike, so I knew a little of what to expect on the course.

We ran strong for the first four miles and were tying every one half to one mile. Once we got to the downhill portion of the Red Loop we decided to just run downhill with the horse. Lucas is an excellent downhill runner, and we thought we would save MonDart's legs for later in the race.

Coming into the first vet check we were in third or fourth place. We fueled up and Lucas headed out on the run. I took Dart to the pulse team and her pulse was down to 44. We headed over to the vet and everything looked good until we trotted out. Dart was off a little on the front right leg. I jogged her around camp for ten minutes to try to loosen up her leg. We tried it again and the vet agreed to let us proceed. By this time Lucas had been running for at least twenty minutes.

Heading out of vet check was another almost four mile climb. Dart did well until about two thirds of the way up the hill when she decided that I should pull her up the hill.

CONTINUED ON PAGE 13.

## Ride & Tying through the Redwoods

by Veronica Spadafore

It was the day of the Ride and Tie Championships in Humboldt County. I woke up to the sounds of hoof beats on the road by my tent. I was worried I had slept too late, but when I looked at the clock it was only 5:45 in the morning. The night before there had been lots of wind and some rain, so between me waking up from the noise of the storm and dreaming the tent was going to blow away, I was pretty sleepy. I admired the early risers who braved the cold to get their horses out before everyone else. Then I felt guilty that I was still in my tent, so I got dressed and stepped out into the overcast morning.

Hurriedly I grabbed some breakfast but could not eat much because I was feeling anxious about the race. As race time got closer, the campsite was beginning to bustle. I recognized voices of a select group of women, all loudly calling suggestions to each other from different horse corrals. I realized that my hopes to get ready in a low stress environment were dashed. Horses were calling to each other, people were calling to each other, and some riders were already on their horses trotting around the circular road. The added noise of truck engines starting, pots and pans clashing, kids running, and dogs barking really made my stress level go up. I remembered a drama teacher I used to have who had to take her

"stress pills" before a performance. I wondered if I needed some stress pills. Susan came running up to me. "Are you ready?! Get ready!!" After that I knew I was going to look into getting some stress pills.

CONTINUED ON PAGE 12



Veronica Spadafore on Fly Away Joe and partner, Rachel Grimm at the finish line.



# 39TH ANNUAL RIDE & TIE CHAMPIONSHIP

## 35 MILE CHAMPIONSHIP COURSE

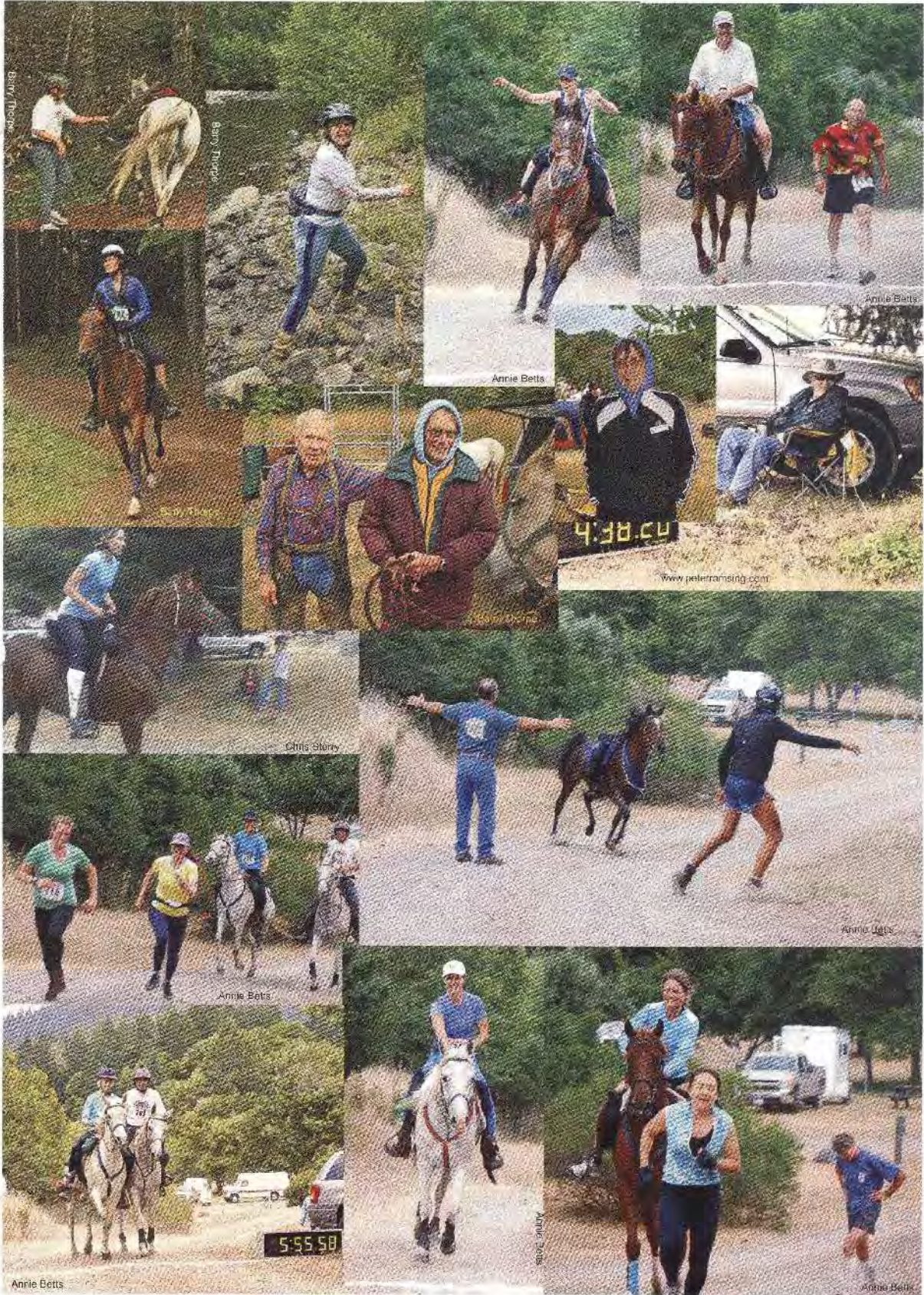
### RACE RESULTS

3 57	MICHELLE ANDREOTTI AND SUSANNE ROWLAND ON MAUREA
4 00	TIM HOWARD AND SARAH HOWARD ON MAGIC SIROCCO
4 26	HEIDI LAMBERT AND JENNIFER TISCORNIA-STEERE ON VOLTAIRE
4 40	ELAINE RUPRECHT AND TOM GEY ON FINDEFAR
4 41	TRACY BAKEWELL AND RUFUS SCHNEIDER ON DOS MADRES
5 05	JESSICA JACOBS AND JENNIFER SIEGEL ON BRISO
5 15	LUCAS KING AND BEN VOLK ON MONDART
5 18	TIM CLOVER AND MELISSA QUEEN ON DESERT GLOBE ROSE
5 23	MELISSA RIBLEY AND CATHY SCOTT ON OAK HILL RAMBLER
5 33	BARON GRANT AND PAUL JOHNSON ON RON G
5 38	KRISTI STERRY AND DAVE VAN WICKLIN ON JAZZ
5 40	STEPH IRVING AND TIM RUBIN ON FLEESA
5 55	BERIT MEYER AND SEQUOIA WARD ON TEZONA MOON
5 55	MARLENE ALLEN AND CHRIS AMARAL ON ABEBE BAKILA
6 12	RUSS KIERNAN AND RACHEL TOOR ON PIP
6 14	CAROL STEWART AND MELANIE WEIR ON OLYMPIAN
6 27	GORDON WRIGHT AND LESLIE GATES ON NATASHA
6 34	DON BETTS AND GEORGE HALL ON RAINY
7 03	STEVE ANDERSON AND DEBBIE HANSEN-BERNARD ON RADISH
7 42	PAT BROWNING AND MOSES VAUGHAN ON WILLIE
7 45	LORI KOZACHENCKO AND RICK NOER ON JUSTIN
DNF	GUNILLA PRATT AND MICHAEL WHELAN ON LP
DNF	MARK RICHTMAN AND MARY TISCORNIA ON SAL
DNF	JOHN HALL AND DON JACOBS ON HOULIGAN

### 19 MILE SHORT COURSE

2 33	CARRIE BARRETT AND DAVID TARPINIAN ON RIVER
2 43	DAVE ANDREOTTI AND SON ROOT ON LARAMIE
2 59	JESS PINTO AND SUSAN SMYTH ON JOE PESHI
3 08	RACHEL GRIMM AND VERONICA SPADAFORE ON FLY AWAY JOE
3 13	JULIE MORELAND AND STEVE PETERSEN ON TORC
3 28	FIONA ORDWAY-MOSSER AND VICTORIA ORDWAY ON MOSITO
3 31	CAROL RUPRECHT AND JANET RUPRECHT ON ANTAR IBN SABER
3 43	WARREN HELLMAN AND GABRIELLE MANN ON FLEW
4 52	MARCELLE OLSEN AND SUE TURNER ON ANNKARA
5 09	JOAN RUPRECHT AND JEANNE SESKY ON NINSABA
5 30	KELSEY GILES AND REGAN VOLK ON JOO
5 30	BOB TROCHA AND MADISON TROCHA ON BARBIE
5 30	BAILEY TIBBETS AND CAELIN TROCHA ON KB





Benny Thayer

Sam Thayer

Annie Betts

Annie Betts

Sam Thayer

Sam Thayer

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Chris Story

Annie Betts

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# 2009 RIDE & TIE SCHEDULE

Check website ([www.rideandtie.org](http://www.rideandtie.org)) for updated information

- JULY 11-12 BANDIT SPRINGS RIDE & TIE, Prineville, OR, Janelle Wilde, 541-849-2460, [mfarm@centurytel.net](mailto:mfarm@centurytel.net)
- JULY 12-18 FORT STANTON RIDE & TIE, Ft. Stanton, NM, Roger Taylor, (505)897-4985, [Roger\\_Sue@prodigy.net](mailto:Roger_Sue@prodigy.net)
- JULY 25-26 OLD DOMINION RIDE & TIE WEEKEND, Orkney Springs, VA, Lani Newcomb, 540-554-2004, [give2bute@aol.com](mailto:give2bute@aol.com)
- AUGUST 8 SANTIAM CASCADE RIDE & TIE, Santiam, OR, Anna Sampson, 503-829-6002, [sampson@molalla.net](mailto:sampson@molalla.net)
- AUGUST 29 COOLEST RIDE & TIE, Cool, CA, Frank Lieberman and Linda Shaw (530) 886-0890 [Coolgalinda@sbcglobal.net](mailto:Coolgalinda@sbcglobal.net)
- SEPTEMBER 11-13 BIG SOUTH FORK RIDE & TIE, Oneida, TN, Joanne G. Mitchell (423) 337-6194 [JFGhorse@bellsouth.net](mailto:JFGhorse@bellsouth.net)
- SEPTEMBER 12 LOST MOUNTAIN RANCH RIDE & TIE, Sequim, WA, Don Betts, (360) 681-5218, [RideAndTieDon@aol.com](mailto:RideAndTieDon@aol.com)
- SEPTEMBER 18-20 CHESAPEAKE FALL RIDE & TIE, Fair Hill, MD, Kate Peloquin, (410) 652-3454, [cpenguin57@aol.com](mailto:cpenguin57@aol.com)
- OCTOBER 3, MANZANITA RIDE & TIE, Boulevard, CA, Terry Wooley Howe (619) 445-5443, [endurance@hughes.net](mailto:endurance@hughes.net)
- OCTOBER 17 FOOTHILLS OF THE CASCADES, Ride & Tie, Mary Nunn (503) 829-6002, [flyingn@molalla.net](mailto:flyingn@molalla.net)
- OCTOBER 23-24 FORT VALLEY RIDE & TIE, Fort Valley Virginia, Susan Trader, [susntrader@aol.com](mailto:susntrader@aol.com), (703) 556-0223
- 2010 RIDE & TIE CHAMPIONSHIP, JUNE 19--TROUT LAKE, WASHINGTON, Steph Irving, [sirving@gorge.net](mailto:sirving@gorge.net), (509) 395-2065

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## RIDE & TIE CHALLENGE from Jon Root

I challenge all veterans of the Ride and Tie to get back in the game in the short course. If Dave and I can do it, anyone can. We have 45 medical points. These points were awarded after a huge study at I.M.E.W.I.D.W. (Institute of making excuses why I didn't win) The renowned physician Dr. Jepsen gave us these points based on our 3 knee replacements, one stroke and one heart attack. George Hall is 29 points all by himself. If your team is near 100 points, maybe you should crew for someone. But get out there anyway!



# COMMENTS ABOUT THE CHAMPIONSHIP

The Short Course was great for us this year as we could NOT have done the long course. I was recovering from a bad bout of IT band (Iliotibial band syndrome--editor), had new horse, "River", unproven for anything over 12 miles, and I was in bed with a horrendous case of the flu three days before we drove up. I also had a new partner, David Tarpinian (who proved to have an incredible sense of tie timing and pace). So Short Course would be all we could hope for this year, and we are so glad it was there for us to do! We had just an awesome time, everything was in harmony the whole way and we found the course to be perfect for us.

The Short Course was an amazing course - uncomplicated enough not to not get lost on (YAY!), and incredibly beautiful, with excellent footing which made it a race to remember. All in all it went exactly how it was supposed to go, and that really never happens in Ride and Tie!

We realized we were either lost or in the Short Course lead after the turn off from the long course. That was a good feeling when we convinced ourselves we were headed in the right direction. Then Jon Root and Mr. Andreotti snuck up on us and left the vet check before us - we really had to push it after the vet check to get ahead of them. River had plenty left so we pulled ahead, careful to not be complacent about our lead. Needless to say, at the finish, I was sad it was all over because being on those amazing trails with such variation from blowing fog with its cooling drops to coming upon mountainside meadows with sweeping views to the last part of the course through the majestic big trees is not something you want to end.

From having everything so maligned in the beginning to having everything turn out so harmonious in the end, it felt GREAT! If we had not had the short course to do, the three of us would not have been competing this year, so thank you for having a short course!! And a year without Ride and Tie Champs is like a year without sunshine.

Carrie Barrett

It was great to be back in the saddle. The short course was long enough to be hard and short enough that we did not have to do the death march the last 10 miles. Perfect!!!!

On the fun side, the ride and tie has the full gamut of emotions. Sometimes it's a near death experience and for me this time it was a "near heaven" experience. We were racing across the top in the roller coaster section. The ground was soft but firm. The horse's foot falls were just about silent. There was no one else around. Laramie was really booking along and we came over the top of one of those sharp but rounded hill tops. For about 7 seconds, I was just about weightless. I was only touching the stirrups and the reins, perfectly balanced (by accident). I was flying. It felt like the dream I often have where I'm running through the woods about 25 MPH effortlessly. It was a real rush. I could have died right there and you would have found the body with a smile on my face. - Jon Root

The course was awesome and the smell of the redwoods was divine.

Not as tough as Taylorsville, but the whipping wind, large raindrops on the ridge and the cold water stream crossing offered a different challenge. Jess and I had to pick up our pace while feeling the two new novice Ride and Tiers chasing behind us.

Cuneo Creek offered the best camping. Thank you to all Ride and Tier's who helped make this a great Championship.

Sue Smyth



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# RACE RESULTS

## SHANGHAI TRAILS RIDE & TIE 25 MILES

4:14 Laura Lund/Sherrrie Reimers/Lucky

**10 MILES**

1:19 Ross Carrie/Ann Kitzmiller/Duke

## NO FRILLS RIDE & TIE 30 MILES

5:56 Janice Heltbridle /Carrie Heishman/Frisky

6:06 Jenny Jones/Kate Kane Joyce/ Tidbit

6:33 Kathy Broaddus/Lani Newcomb/TF Red McIntosh

## FOXCATCHER RIDE & TIE 25 MILES

4:39 Mark Trader/Kate Kane Joyce/Sammy

4:51 Kathy Broaddus/Lani Newcomb/TF Red McIntosh

4:51 Jenny Jones/Tina Anderson/Tidbit

**10 MILES**

1:51 Beth Heffelfinger/Karen Moore/Nala

## MANZANITA TAKE 2 25 MILES

3:06 Rufus Schneider/Diane Casey /Kona (BC)

3:14 Tom Gey Carol Ruprecht/ Findefar

3:54 Jennifer Siegel Jessica Jacobs /Brio

3:54 Jonathan Jordan/ Vince Blanch /Crissy

**15 MILES**

1:53 Teri Castellano /Mike Morris /Flame

1:56 Anne Langstaff /Bill Schreiber /Sahara

1:58 Kirsten Seyforth /Julia Curtis /Seventeen

2:17 Rick Noer/ Lori Kozachenko /Justin

2:36 Melanie Weir /Linda Taylor/ Emerald

2:36 Sandra Cairncross/ Liz Puga /Cal

DNF Kim Schneider/Tara Jordan/ Pogo

## MT ADAMS RIDE & TIE 25 MILES

3:40 Ira Hickman/Ben Volk/Yogi (BC)

4:05 Josh Steffen/Lisa Preston/Rainy

4:47 Leslie Yates/Lucas King/Fleesa Flyer

5:09 Jim Clover/Annette Parsons/Desert's Golden Rose

5:15 Don Betts/Melissa Queen/Pip

## QUICKSILVER RIDE & TIE 22 MILES

2:49 Heidi Lambert /Jennifer Tiscornia-Steere/ Flew (BC)

3:08 John Hall/ Moses Vaughan /Basia

3:23 Mary Tiscornia/ David Tarpinian/Sal

DNF Warren Hellman/ Mark Richtman /Dan

**11 MILES**

1:32 Carrie Barrett/Julie Nacco/River

1:36 Curt Riffle/Lynda Pevar/Bey

1:37 George Hall/Dallas Jarvis/Clown

1:49 Victoria Ordway/Janet Mumford/Tassa

1:51 Jessica Pinto/Jennie Allen/Ziggy

DNF Susan Smyth/ Mike Cortez/Fly Away Joe

**6 MILES**

1:14 Kasey Odell/Kelsey Giles/JJ

1:17 Molly Rebscher/ Nicole Voyovich/Blackberry

1:40 Anna Taylor/Audrey Webster/Lady

1:40 Steve Rebscher /Elise Darragh-Ford/Cheyenne

1:40 Carysa Green/Ariana Sweany/Misty

## WILD WEST RIDE & TIE 25 MILES

3:19 Mary Tiscornia/Mark Richtman/Sal

3:51 George Hall/Dallas Jarvis /Clown

4:01 Cheryl Domnitch/Cathy Scott/Mr Mocha Brown

4:30 Dave Andreotti/Jon Root /Laramie

4:35 Susan Smyth/Victoria Ordway/Joe Peshi

4:36 Jennifer Tiscornia-Steere/Heidi Lambert/PrePlanMan

DNF Dave Van Wicklin/Kristi Sherry/Belle

**12 MILES**

2:35 Veronica Spadafore/Rachel Grimm/Fly Away Joe

3:34 Tom Schoch/Teri Tuttle/Villa Lobo

3:38 Suzy Hughes/Bethany Draeger/Sahara

## HOG SCRAMBLE RIDE & TIE 30 MILES

6:36 Sherrrie Reimers / Laura Lund/Lucky

**10 MILES**


2:16 Mark McBride / Kathy McBride/Ishtar's Jamie

**PAW PRINT PROMOTIONS**

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**RIDE & TYING THROUGH THE REDWOODS continued** I rode Fly Away Joe, and my partner Rachel walked by me on the way to the start line. It was about a ten minute ride. People were already asking each other if they were on the right trail, and the race had not even started yet! Finally, the horses were lined up in the field, the runners on the road. One minute... "Ride and Tie-Er's get ready, set, GO!" We were off into the drizzly redwood forest.

Joe Cortez was our hand tie and the main crew. I swung off Fly Away Joe, tossed human Joe the reins, and I was on my first run of the race. A Ride and Tie friend had once told me that she feels like a crazy person for about the first two miles on every Ride and Tie. When I started running, I knew exactly what she was talking about. "Who, in their right mind would do this for fun?" I thought. Low and behold, after about the second mile, I was wondering who in their right mind would NOT do something like this for fun.

On the trail, chaos seemed to pass us by, but did not pass some of the others. It was only the fourth mile and somebody had run past their tied horse accidentally and had to go back. After the long and short course split, I was catching up to my runner when I saw people coming my way. Some long course teams had been blazing the short course trail by mistake. I made a mental note to pay extra attention to my trail. When I got to the meadow overlooking the valley full of redwoods, I wanted to stop and take in the scenery, but I was in a race!

Fly Away Joe passed the vet check thanks to his great endurance capacity. It was a short relief to have our wonderful crew help with the horse for a few minutes. The last part of the race was all downhill, and at one time I could not catch Rachel for quite a while, who was running faster than we were riding. Finally, Rachel and I were almost finished. The only thing that happened to us was that somehow, Rachel had been on foot through all the stream crossings! I felt pretty sorry that I had happened to be riding every time we came to a stream. I promised it was not premeditated!

Rachel and I crossed the finish line to complete the short course in a little more than three hours. For our second Ride and Tie, we were proud to finish in fourth place.

I am so happy that Susan Smyth has introduced me to Ride and Tie. I am thankful to have Rachel as a partner.

We are having so much fun with this sport and hope to compete in many more Ride and Ties in the future. I have met new friends and even a family member of a very special person who mentored me during my childhood. Ride and Tie is new to me, but it already seems so familiar.

Veronica Spadafore lives in Clovis and attends Fresno State. She works as a vet tech and works and rides at various horse ranches in the country near her home. This Championship Short Course was her second ride & tie experience.

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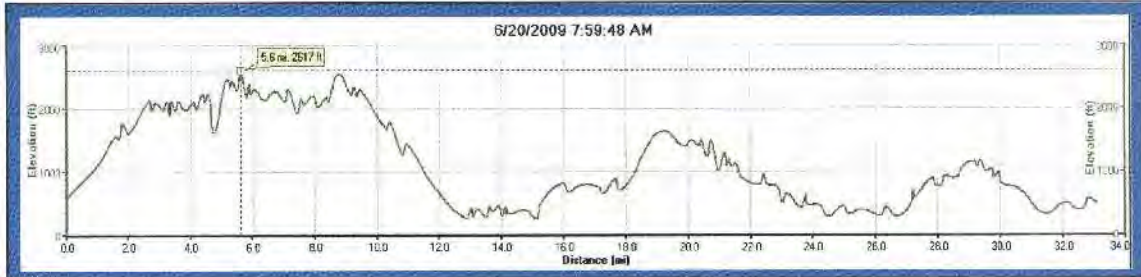
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The Geezer and the Babe Award went to Jim Clover and Melissa Queen



**2009 CHAMPIONSHIP CONTINUED** I proceeded to do that until about mile 19 when we started running downhill. After a couple of miles of downhill running I jumped on Dart and she felt like a new horse. She was following a mustang and was having a good time. We finally caught Lucas at about mile 22 and proceeded to run and ride into vet check #2. On one portion of this loop we ran through some huge redwoods.



The race elevations according to Ben's wrist GPS

The final loop was a real challenge for both Lucas and me. Dart had decided she was done racing for the day so one of us pulled while the other one followed along behind with a switch. We didn't actually need to use the switch; just a light tap on Dart's tail was enough to keep her moving. We pulled her up about two miles of hill and she finally decided it was time to run again.

At about 31 miles we passed my daughter, Regan, and her friend, Kelsey Giles, doing the 19-mile Short Course. They were all smiles and were having a great time. Dart was again feeling like a new horse so Lucas rode her in the next three miles while I ran. Lucas tied about half a mile from the finish and we ran in together as a team in 5 hours and 15 minutes. We placed 7th overall and were the first Man/Man team as well as the first Pro-Am team. For our efforts we won \$1,000! Of course Lucas could not accept his winnings since it would violate his status as an amateur athlete. The winning team did the course in just under four hours. Lucas ended up running about 17 miles of the race while I ran 21 miles. Ideally, we would have always had someone riding the horse, but we both like to trail run, so the race worked out fine.

Ben Volk started ride & tying in 2005. He has competed in the last three championships and many other ride & ties and triathalons in the pacific northwest. Ben is our new member of the Ride & Tie Board of Directors.





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Finish Line Photos  
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## MYSTERY PHOTO FROM MAY

Michelle Roush: I think maybe that picture was from Levi's in Eureka in 1982? On the far right in front, with the helmet and chestnut horse with a star is Sherode Powers. Just to the left of him might be Bobby Heffelfinger (hat and beard), on the palomino. On the far left, in front, with the braids in her hair, on the Appy is Debbie Wagner. Second to the right from Debbie, on the gray with head up in the air, with tank top with stripe on it, might be a Wadsworth.



Leah Mirsch: The mystery photo is the start of the 1983 Levi's R&T at Eureka, CA. This picture was also used as the poster for the 1988 race at Alturas. We used it because it showed so many members of the R&T Family (now all old-timers), including Sherode Powers, Ralph Wadsworth, Mike Jepsen, Con (or Todd, can't tell which) Wadsworth, Debbie Wagner, and Lon Clearwaters. It was a great race (Aileen Johnson's and my first Levis) and at over 200 entries it was the highest number of teams we've ever had. Love those old photos!

## MYSTERY PHOTO

Who? What? Where? If you have a guess, email me at [Annie12345@aol.com](mailto:Annie12345@aol.com)

