

# RIDE & TIE



## NEWSLETTER

<http://rideandtie.org>

N  
O  
V  
E  
M  
B  
E  
R



2  
0  
1  
2

Second place team in the short course at the Wild West race:  
Jec Ballou and Siobhan Saunders with Freyja (Photo: Bill Gore Photography)

# PRESIDENT'S MESSAGE

by Ben Volk, Ride and Tie Association President

## FORT BRAGG OR BUST! AUGUST 24, 2013

Well folks you voted, and the results are in: Fort Bragg, CA was selected as the site of the 2013 World Championship Ride & Tie over the more southerly location of Cuyamaca, CA. Some of you may recall that Fort Bragg was the site of the 2004 Championship; but do you remember who won the race in 2004? Of course it was none other than Jim Howard riding Magic Sirocco and teaming with Dennis Rinde. The team covered the 34 mile course in 4 hours and 1 minute to beat the second place team of Brandi Page and Laurie Wilson by 23 minutes. Rounding out the top 3 were Jim Brown and Russ Kiernan. There were 32 teams in the 34-mile long course that year and 7 teams in the 17-mile short course. Remarkably only one team in each distance did not finish. Best Condition was won by the 3<sup>rd</sup> place team riding Yaquar Adonai.

Fast forward to August 24, 2013. We are camped at the beautiful Simcha Ranch located 7 miles from Fort Bragg in Mendocino County, CA. We have 40 teams registered and are planning for 10 more before the race starts. We are camped adjacent to the endurance riders who will be competing in the Mendocino Magic Endurance Ride at the same time. We are hoping that some of the endurance riders will catch Ride & Tie fever and decide to jump off their horse for a while and join us for a Ride & Tie. Our race directors are Forrest Tancer and Cynthia Ariosta and our hosts are ranch owners Lari Shea and Harvey Hoechstetter.

The town of Fort Bragg, with a population of 7,230 is only 7 miles from camp. Doesn't that sound ideal? Well mark your calendar for August 24, 2013 and plan on joining the whole R&T family for the best Championship ever. Bring your endurance riding friends and your trail running buddies and get them hooked on R&T. Make this your last hurrah before sending the kids back to school. If you don't have a horse, don't worry. Lari Shea, the owner of Richochet Ridge Ranch, can provide a trusty steed for you. We hope this allows all of our R&T friends from across the USA to participate.

How about doing a double? Ride the Championship R&T course on Saturday and then follow that up with a 25-mile or 50-mile endurance ride on Sunday. What better way to show our endurance friends how exciting and fun R&T can be? We'll even have a special award for the rider/horse team that completes both races.

You'll want to take some time to explore up and down the coast including the towns of Fort Bragg and Mendocino. Founded prior to the Civil War as a garrison, Fort Bragg is a popular tourist destination with awesome views of the Pacific Ocean and the California Coastline. Mendocino is an art community with no cell-phone towers; just seven miles south of Ft. Bragg, with superb canoeing and kayaking on the Big river!

**See you at Fort Bragg in August 2013**

<http://www.visitmendocino.com/north-coast/towns/village-mendocino>



PLATINUM  
P E R F O R M A N C E<sup>®</sup>

[WWW.PLATINUMPERFORMANCE.COM](http://WWW.PLATINUMPERFORMANCE.COM)



## Letter From The Editor

As the new editor of the Ride & Tie newsletter, I will be looking for submissions from our readers. Stories about races, tips and tricks for horses, riders and runners. Whatever you throw at us, we'll make it work! Don't be concerned about feeling you are not a good writer. Give us your story and we'll tidy it up a bit, if need be. Just send us your triumphs, your disasters and your funny moments with horses, fellow runners and ride and tie generally. Our readers will understand and enjoy your stories.

We are also introducing some new columns. We have a junior editor who will field questions from our younger riders. Sara's email is krueg88@gmail.com. Also joining us is ride and tie legend, Peggy Smyth. Peggy will present articles on running and general fitness, geared toward the ride and tie runner. Missy Wryn, a well-known horse trainer in Oregon, will be sharing her wisdom on horse training. Stay tuned as we also have other possibilities in the works!

After my first ride and tie race, I wrote a set of Maxims, which I'd like to share with you. I try to think about these maxims when I am running out of energy in the final stages of a race:

#1 - *Ride and tie is the most fun you can have with your clothes on...really!*

#2 - *Find your zone, lose your horse*

#3 - *Pride goeth before a saddle malfunction*

#4 - *Ride and tie racers will not only stop to help you but will also hold back their hysterical laughter until you are out of earshot*

#5 - *For every ride and tie there is a smooth, flat, easy to follow trail that is not part of the course*

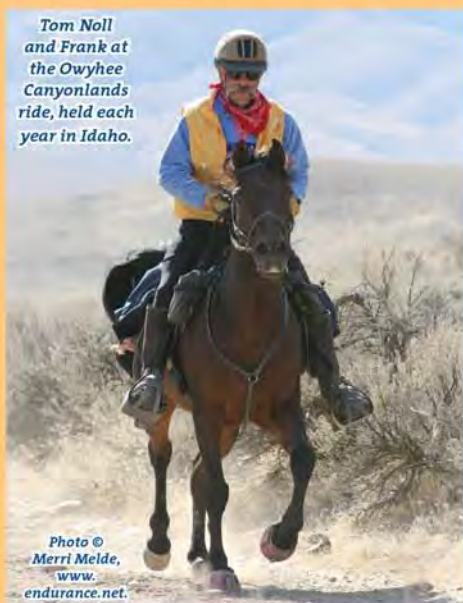
#6 - *Actual distance covered is inversely proportional to the belief in miles traveled*

#7 - *The amount of satisfaction at the end of the race is equal to the square of the effort expended on the trail*

If you have more Maxims to add to our list, please email them to me! (newsletter@rideandtie.org)

Tom Noll joined the ranks of R&T in 2012. He competed in the R&T Championships at Prineville, OR and at the Owyhee Canyonlands R&T in September

**“My name is Tom Noll, and I am an endurance rider.”**



I came to endurance riding from ultrarunning. I wanted to learn to ride and I wanted to ride 100 miles in one day. What I discovered is so much more.

I found a group of gracious people who not only helped me learn to ride but who have become lifetime friends. I found people who exposed me to new experiences that I did not know even existed. I found horsemen and women who ride all distances, from only a few miles to 100 miles.

I found people who unselfishly shared their favorite trails and I found adventure on those trails. I found the opportunity to experience an epic ride across the Pony Express Trail from the Missouri River westward.

What I found that I least expected were the bonds that form between horses, riders, and friends who are all sharing the trail.

Through the American Endurance Ride Conference, I have experienced more of life.

**“My name is Tom Noll, and I am AERC.”**

**Nine Regions – Hundreds of Rides – Join Now for 2013!**

**American Endurance Ride Conference**

**866-271-2372 • www.aerc.org**

# Sara Speaks - Ride and Tie for the Junior Competitor

Sarah Krue

Webster's Seventh New Collegiate Dictionary defines the word adventure as "an undertaking involving danger or unknown risks" or "to take the risk." Ride and Tie is a sport, which like many sports, involves some element of risk. The ride manager's job is to do their best to keep everybody safe and hopefully happy, taking some of the element of risk out. The ride manager, however, is not an all powerful being, they are only human and there are often things out of their control. A competitor not noticing a trail marking and getting lost, a competitor's horse or human partner having a health issue and a person with no energy and two loops left are all examples of common risks that are not entirely preventable. At the Big South Fork (Tennessee) ride and tie, my partner and I ran into a different kind of risk.

The day started as a cool morning with an excited horse, an enthusiastic runner and a sleepy junior. I have an unhealthy tendency to not eat before rides and this morning was no different. My partner ate a banana and then we saddled up and warmed up in preparation for a ten mile race. There is a saying, often uttered in the midst of great adventures, "It seemed like a good idea at the time." When someone makes that statement, it normally means two things. The first is that something went wrong. The second is that you had something to do with that something going wrong. A cool morning with fog rolling off the mountains seems harmless and non-problematic but in reality for us, it was a perfect example of the "seemed like a good idea at the time" statement.



Photograph courtesy: Greg Ammons

Hooves thundered down a gravel road and the first sign of a problem arose. Cruise, the horse I was riding had a buddy horse back in camp named Seven. On the Big South Fork course, the trail leading out of camp doubles behind the behind camp where an anxious horse can catch a sight of his friend. Seven had his eye right on Cruise and the two decided to have a little chat while I was attempting to gallop along. The difference of opinion between Cruise and me was a short lived conflict but foreshadowed the possibility of greater adventures.

An excited horse and a hungry junior rider are not the best of combinations on the trail. With the unfortunate lack of McDonald's along the trail, by the time I hit the five mile marker in the competition my mind was on my stomach, not my horse. When I spotted a good tree, I calmly dismounted and proceeded to scream as the grey Arabian spun circles around me preventing me from making any progress. When I was finally able to clip the helmet to the martingale and the lead rope to the neck rope, there was a lovely path of squashed foliage all around the tree. I remember or at least think I remember, wrapping the rope around the tree twice, twisting it once and clipping it back to the neck rope. I also remember, after taking a few steps, going back to retie the concoction in an effort to keep Cruise from deciding to go visit any of his friends. I then ran away quickly to give my partner some extra riding time before he caught up with me due to my extended tying session.

When my partner finally did catch up with me, I was surprised because he caught up to me relatively quickly. This was surprising because he was traveling on his own two feet instead of riding on Cruise's four. "I think I missed Cruise" he said, pausing just after a bridge to catch his breath.

"You did, I know where he's tied, I'll run back and catch up later" I said, turning to start running from the direction I'd just come from. The five second plan was hatched and we went our separate ways, not knowing then that it would be around two hours before we would meet up again.

I made my way, at a medium speed back to where I had tied Cruise. I couldn't remember the exact tree but I knew the general area, and I figured a grey horse with purple tack would be easy to spot. Unfortunately, I've never been very good at the game of I-Spy. It took me about five minutes to locate the exact tree, with its ring of trampled plants and grey horse with purple tack. There were two differences I noticed right off the bat. The first was the addition of a little brown snake to whom I gave plenty of space. The second thing I noticed was the absence of the grey horse with purple tack. Cruise was gone.

*Continued on next page*



*Continued from previous page*

My partner and I, being related, had a seemingly telekinetic message that I would trek backwards, while he kept trekking forwards. When I didn't catch up to him, he would realize that Cruise must have gotten loose and I was looking for him, or something to that extent. On the long five mile trek, my partner and I came to two different conclusions. His conclusion, which I consider to be incorrect, was that I didn't properly secure the horse and he untied himself. My conclusion was that the baby snake, that I was later informed was likely poisonous, scared the horse and made him perform an impossible feat of untying my fantastic knot that any other horse would have been completely unable to handle. Most people went with my partner's theory.

Luckily, like a fairytale, this story has a happy ending. An endurance rider on a different trail spotted and snatched our lost team member, bringing him back to camp without a scratch and with all tack intact.

William Feather said "One way to get the most out of life is to look upon it as an adventure." After reading about my great adventure at Big South Fork, if you have any questions or cool adventures of your own you would like to share, feel free to contact me through my e-mail or home address. You may even have your letter posted on the junior page of the Ride and Tie magazine!

Email: [randtjunior@gmail.com](mailto:randtjunior@gmail.com)

Home Address: **108 Kenneth Court Pendleton SC, 29670**



Here is our very own Sara at the Big Fork ride and tie race in Tennessee, riding next to her partner.

There is a new cartoon beginning to catch on among we horsey types. That cartoon is Fergus the Horse. Check out his Facebook page! Search on "Fergus the Horse" and "Like" Fergus!

We have applied for permission to reprint the cartoon in the Ride & Tie newsletter and are waiting for their response.



© Jean Abernathy - 2012

# Horse Sense - Moments of Equine Clarity

He's of the color of the nutmeg. And of the heat of the ginger.... he is pure air and fire; and the dull elements of earth and water never appear in him but only in patient stillness while his rider mounts him; he is indeed a horse and all other jades you may call beasts. ~William Shakespeare, Henry V

And Allah took a handful of southerly wind, blew His breath over it and created the horse.... Thou shall fly without wings and conquer without any sword. Oh, horse. ~Bedouin Legend

It is not enough for a man to know how to ride; he must know how to fall. ~Mexican Proverb

There is something about the outside of a horse that is good for the inside of a man and no hour of life is wasted that is spent in the saddle ~Winston Churchill

There is no secret so close as that between a rider and his or her horse. ~Robert Smith Surtees, "Chapter XXX: Bolting the Badger," Mr. Sponge's Sporting Tour, 1853

Horses are uncomfortable in the middle and dangerous at both ends. ~Attributed to both Christopher Stone and Ian Fleming

If the world was truly a rational place, men would ride sidesaddle. ~Rita Mae Brown

When you're young and fall off a horse, you may break something. When you're my age, you splatter. ~Roy Rogers

*The Choice of Endurance  
Champions Worldwide*

Whether you're riding 25, 50 or 100 miles, our Endurance Cool Grip® saddle pad, featuring Stimulite® honeycomb, will keep your horse cool and comfortable in the heat of competition.



Ventilated  
Featuring Stimulite honeycomb

Ideal for English, Australian and Sport Endurance saddles, our Cool Grip can be placed directly on your horse's back for maximum shock-absorbing protection and heat dispersal. The perforated honeycomb cells distribute weight uniformly to relieve pressure, minimize sweat and prevent the saddle from slipping.



Tested by competitive riders, this is the ultimate performance pad for maintaining a healthy back mile after mile. Naturally antibacterial and antifungal. To clean, simply hose off and shake dry.



Supracor.  
Technology You Can Get Comfortable With®  
888.924.6773 www.supracor.com

©2011 Supracor, Inc. All rights reserved. U.S. patents: 6,145,583; 6,574,947. Supracor, Stimulite, Cool Grip and Technology You Can Get Comfortable With are registered trademarks of Supracor, Inc.



**AMERICAN  
TRAIL GEAR**

WWW.AMERICANTRAILGEAR.COM



**FEATHERHORSE  
DESIGNS**

www.featherhorsesigns.com

# Charlie Conrow running the Hood to Coast

There seem to be so many amazing stories about the competitors in ride and tie. The struggles, the obstacles overcome and the thrill of the completed race. Nonetheless, this particular story really caught my eye and my breath. First off, here is Annette Parsons talking about her meeting with Mr. Conrow. Second are a few words of his own. This is one very inspiring fellow. - Editor

*Annette:* Charlie and I found each other when I was staffing a Ride & Tie booth at the Pacific Northwest Endurance Riders convention in Portland, in January of 2011. He came by the booth, we started chatting about R&T and he perked up.

It turned out, Charlie was perfect! He was a national-class triathlete for some years and about the same year of my health problems onset he was training for a triathlon on a bike, speeding along and a dog ran out in front of him. He T-boned the dog, flipped ass over teakettle and shattered every bone in his hips and pelvis. The doctors told him he would never walk again. After something like eleven hours in surgery and several years of rehab with more surgeries, he not only began walking again but started running again! He knew he would never do a triathlon again but distance running is his love, so he was getting back into it.



Photo courtesy of Penrose Photography

So, after a lot of excited chatting, we decided to partner up for the 2011 championship at Cuneo Creek. With only a one hour practice session together, we borrowed a mustang from a friend of mine and tackled that tough course. It turns out, Charlie runs like a deer! He is amazing!

Because of him, we finished in 10th place! I never thought I would see the day when I would top 10 at a championship! Charlie told me that as he was running along on those beautiful redwood-covered ridges at Cuneo, he had tears in his eyes. At first I thought he meant because I was overworking him making him run so much of it....but no; he said he was so very happy to be out there doing a competitive multi-disciplinary sport again! It meant so much to him!

Charlie is an amazing guy and the perfect partner for me, as he loves to run, loves long distances, hills and other challenges and does not mind that I am not a competitive ride & tier. Anyway, we had so much fun that we teamed up again this year for the 2012 champs at Bandit Springs. - *Annette Parsons*

*Charlie:* This leg of the Hood to Coast race was very emotional for me and the attire was not by chance. The road was the same one I used to train on with my biking partner who died of prostate cancer, it was also the same road I had my 2006 bike crash on. The hat is from Vineman Triathlon, which was my last and probably my best triathlon before the accident. Hood to Coast was my first major race and was a passion of one of my close friends and running training partner who came down with encephalitis and is now institutionalized. I had requested leg 36 because it is the last leg of the race and kind of tied all those things together.

The Ride & Tie represents a “phoenix” return after all that has happened. I do not know how many more of these I have left, so I really wanted to get it done this year. A long story, but I know you will understand based on your experiences. I’m glad the photo came out as well as it did. BTW - The first leg was 6.32 miles at about 4:00pm, the second leg was 4.92 just after midnight, and finally leg three for 5.23 miles at about 8:00 the next morning. I managed about a 7:30 pace. Enough time has passed that I can say it was fun! - *Charlie Conrow*

The Hood to Coast race is 199 miles long: <http://www.hoodtocoast.com/>



# The Veterinary Corner

## Keeping Your Horse Conditioned During the Winter Months - by Lindsay Graham, DVM

Many people like to give their horses the winter off, especially after a hard long season of endurance rides. But for those that want to keep a base level of fitness during this “winter break” period, there are many things to consider.

The most important consideration is the weather. Rain and snow brings poor footing and it is important to realize that this puts your horse at greater risk for injury. Slipping in the mud or landing in deep snow puts greater stress on the bony column and soft tissue structures of your horses’ legs. Trails containing gravel, rock or sand will be safer footing and will help avoid slipping in the mud. If there are not any trails in your area like this than it would be wiser to simply give your horse time off then to risk injury to your horse, or more importantly yourself as a rider.

Winter months bring colder weather as we all know. It is therefore crucial to give your horse that extra time for warm-up and cool down. If you typically walk your horse 15 minutes before trotting or having them work up a hard climb, then give them 25-30 minutes of warm-up. Not only does this allow their tendons and ligaments to stretch out slowly, it also helps prevent the chance of tying-up, or rhabdomyolysis. This extra warm-up time is even more important for the older athletes who have developed arthritis or who are stiff at the start. If your horse is body clipped, the use of a “rump rug” may be beneficial especially for those horses that have a history of tying up. This rug will provide extra warmth on their gluteal muscles as they warm up and then can be rolled up behind the saddle once this has been accomplished. The cool down period will depend on the intensity of your workout and how much your horse has sweated. This period will also have to be lengthened from your summer months, especially if your horse has a thick winter coat, which will take your horse longer to dry. Carrying a cooler in your trailer will be valuable if your horse is still wet after your ride.

It is also important to make sure your horse stays hydrated during winter month’s training. Since it is cold, your horse may not drink as well out on the trail or when they return home, despite a workout that has made them sweat. Oral electrolytes can be used to encourage drinking as well as providing a mineral block in their paddock. Feeds such as wheat bran, rice bran or beet pulp mixed with water will also help get fluid into them if they are not drinking well. As with any new feed or supplement, it is important to make sure your horse is used to a product before feeding it to them in large quantities. Keeping your horse hydrated will reduce your chances of your horse getting impaction colic.

There are many factors to consider when riding your horse in the winter. If your horse has been ridden in many races or if they have simply been ridden a lot, you can use the winter to give them a bit of a rest period while also keeping them somewhat fit. Giving them something of a break will help prevent them from becoming sour or losing their drive to work. Your horse can maintain a base level of fitness by simply walking up hills once or twice a week. Many people even choose to change up the type of riding in the winter and use the arena to work on leg yields, bending and to also remind your horse how to use their body correctly. This also gives them a different job and can be especially beneficial to those horses that become bored easily.

Whatever you choose to do, remember that every horse is different and the most important thing is doing what works best for you and your partner.

*Lindsay Graham-Fisher, DVM lives and works in Napa County, California.*

*She is an AERC Member and a USA Endurance Rider at the 2010 World Equestrian Games*



## Ride & Tie Memories – From 1977 - Mary Ann Buxton

Say “Ride & Tie” and a series of memories immediately pop forward like a diorama from the 70’s. The first picture always is a great shot of Bud Johns, smiling at all the ladies while knowing every detail of each contestant’s athletic and R & T history – including previous equine members of her/his team. He stands there wearing that famous black hat, with a knowing smile with a bit of the devil behind it. He points a blanks-loaded gun in the air and instead of firing it, yells, “Go!” The devilish smile is because he knows how tough he’s made the course and how many great publicity shots Scotty Morris is likely to capture to memorialize the day.

My first year at Levis, Linden Farrar Berry and I merely watched but with admiration and envy. We felt excitement and wild anticipation of one day being as fit as those amazing contestants! Thanks to Mary Tiscornia I got a sweaty baptism on the backs of horses based at Rancho Baulines and thanks to ladies like Joan Ulliot, Linden took to running like a thoroughbred takes to hanging out with a group of Arabian horses. We both felt very privileged to be invited to join Mary and Dawn Damas on some of their training rides and we both dedicated an amazing amount of our free time to getting fit enough to participate in the 1977 Race in Marin County. Bud John’s book “What is this Madness” describes our first-ever employee participation but not our best times: training for the event! Some of the training rides with Mary left me with a bruised ego as well as a bruised elbow. I was lucky that was all after my four-point landing while flying off a horse named Beziuke, who I renamed Berserk!



Ever been night riding? How about galloping on the Marin County beaches with only the sound of the squeaking saddle and the lapping of the waves? I treasure the memories of those adrenaline-filled training rides.

Besides training, we occupied a fair amount of time trying to find a horse to use in the actual race. Our first possibility impaled her private parts on a fence post! I still have Jim Steere’s vet bill, “Reconstructed vulva & clitoris.” We were sad it was the horse and glad it wasn’t either of us! Finally we were given the opportunity to use Sammy, a thoroughbred referenced above, who had been rescued from a race track and happily hung out with a group of Arabs near Bolinas. Sammy went the distance and helped us surprise everyone (especially Bud) with our third place finish in our first race!

Bud’s book, “What is this Madness”, is a loving tribute to those early days. Our equipment was primitive by today’s standards, our training methods questionable, our nutrition primarily awful and our friendships as durable as our muscle mass is not. I treasure the memories of the camaraderie and the memorabilia that I’ve collected over the years. I participated more times than I can count, had many partners and been on the back of many horses, yet I remember Linden as the most thoughtful and Sammy as the least demanding. I have an album of photos that one of my fellow Levi’s employees made of us during the first three years and my favorite (*shown here*) is of Linden & I in what we called our “Bunny Suits” washing Caspar after our 2<sup>nd</sup> finish. It’s included along with the wish that we were still so fit and the hope that Caspar, named because he “spooked” a lot, is happily buried with a Pacific Ocean view on the McCrary’s Ranch near Davenport. No article on Ride & Tie should ever be without a thank you for all the people who contributed to the race. Lud & Barbara McCrary stand out for me along with Bud Johns and Jim Steere. It was a wonderful ride! I hope you newbie’s will carry away fewer bruises, sore muscles and even more wonderful memories!

*Mary Ann Buxton: (Mary went on to run 30+ marathons and 8 ultra-marathons, The Western States 100, as well as 14 Ironman Triathlons wants to be remembered as “good at cherry-picking her races”. She placed recently first in the 70+ age group in the 2012 Mt. Sneffles half-marathon near Telluride, Co, where she has her home and her training ground)*

**Whenever you can, please let our sponsors know how much you appreciate their support of Ride and Tie**

# Ride and Tie Race Results

## **Biltmore Long Course - 30 mi - May 12th, 2012 - North Carolina**

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Dave Venable/Rhonda Venable	Tanner	4:11:00
Karen Isaacs/Beth Brinkley	Jeb	4:18:00
Lorena F Truett/Diane Wilson	BZ	4:55:00
Barbara Mathews/Sherill Steen	Angel	5:15:00

## **Biltmore Short Course - 15 mi - May 12th, 2012 - North Carolina**

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Lily Turaski/Kathleen Di Rosato	Freedom	2:59:00
Sarah H Krueger/Courtney Krueger	DaVanna Tom Cat	3:06:00
Anna O'Neal/Kelly Diodati	India	5:22:00

## **Biltmore Short Course - 8 mi - May 12th, 2012 - North Carolina**

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Stagg Newman/Marbie Kollath	Khrome	1:36:00
Liara Gonzalez/Stacie G. Boswell	Salsa	1:53:00

## **Biltmore Short Course - 4 mi - May 12th, 2012 - North Carolina**

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Diane Wilson/Helen Rouse	Lure	0:43:00
Greg Cumberland/Amanda Smathers	Jake	0:46:00
Dabney King/Amy Vangorder	Gizelle	0:46:01
Joanne Mitchell/Alex Grimes	Legend	0:48:20
Lily Turaski/Kathleen Di Rosato	Freedo	0:50:00
Erin Lowe-Pagliaro/Erika Noble	Star	0:52:00
Caroline Roy/Emily Beaver	Dapple Dumplin	1:04:00

## **Foothills of the Cascades - Long course - 25 mi - October 20th, 2012—Mollala, OR**

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Ira Hickman/R G Root	Flaming Will	4:12:00
Stephanie Irving/Ben Volk	Superman	DNF

## **Foothills of the Cascades - Short course - 10 mi - October 20th, 2012—Mollala, OR**

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Tom Cooper/Jamilee Shaffer	Lilly	3:04:00

## **Indian Territory - 8 mi - October 7th, 2012 - Lake Oologah, OK**

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Torey Jones/Alexis Jones	MK Khum Khaleb	1:21:00

# Ride and Tie Race Results

## Wild West Ride and Tie - Long Course - 25 mi - June 24th, 2012 - Nevada City, CA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Elaine Ruprecht/Sara Howard	Findefar	2:44:00
John Osterweis/Sean Pont	Tiki Toma	2:50:00
Heidi Clare Lambert/Mary Tiscornia	Win	3:45:00
Thomas Gey/Carol Ruprecht	Feint Impact	3:45:00
Cheryl Domnitch/Merry Law	Gypsi	4:02:00
Curt Riffle/Michael Zeliger	Sabell	4:28:00

## Wild West Ride and Tie - Long Course - 25 mi - June 24th, 2012 - Nevada City, CA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Regina Duplesse/Amrita O'Leary	Fly Away Joe	1:40:00
Jec Ballou/Siobhan Saunders	Freyja	1:53:00
Susan Smyth/Jennifer Weaver	Joe Peshi	1:56:00
Michele Roush/Dale Roush	Clowns Courage	1:58:00
Kelli Greaves/Desirae Corbett	Sage	2:01:00



Mary Tiscornia



Kelli Greaves and Desirae Corbett on Sage



Cool Ride and Tie: Courtesy Kalin Finsand



# Ride and Tie Race Results

## Old Dominion Night Woods - Long course 20 mi - July 28th, 2012 - Orkney Springs, VA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Dave Venable/Rhonda Venable	Dakota	5:02:45
Janice Heltibridle/Lani Newcomb, D.V.M.	Bubba	4:50:45

## Old Dominion Night Woods - 6 mi - July 28th, 2012 - Orkney Springs, VA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Chase Broaddus/Kathy Broaddus, D.V.M.	TF Red McIntosh	1:36:35
Jenny Jones/Mark Trader	Beulah	1:54:10



## Big Bear - Long Course - 22 mi - September 16th, 2012 - Big Bear, CA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Thomas Gey/Carol Ruprecht	Findefar BC	3:24:00
Michael Whelan/Gunilla Pratt	Stryde	3:30:00
Rufus Schneider/Beth Love	Temperance	4:00:00
Johnathon Jordan/Moses Vaughan	Chrissy	4:29:00
Richard Noer/Jennifer Monioz	LP	5:00:00
Megan Zehender/Jason Zehender	Strider	DNF

## Big Bear - Short course - 17 mi - September 16th, 2012 - Big Bear, CA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Sharlee Rushing/Tara Jordan	Pebbles BC	3:18:00
Emalee Baptiste/Wayne Woolway	Rocky	4:40:00



Cool Ride & Tie—Courtesy Kalin Finstad



# Ride and Tie Race Results

All Cool races were held on October 13th,

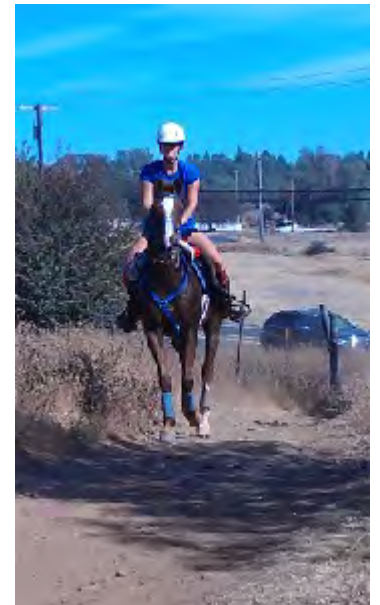
## Cool Ride and Tie-Leslie Yates Memorial - Long course 23 mi - Cool, CA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Carrie Barrett/Sean Pont	Iron Wyll	2:52
Mary Tiscornia/Mark Rickman	Nero	2:56
Tracy Bakewell/Becky Spenser	Engman Amigo	3:03
Melissa Ribley/Kathy Scott	LD Monique	3:24
Hillary Bates/Jessica Schley	Fly Away Joe	4:08
Jec Ballou/Siobhan Sanders		DNF



## Cool Ride and Tie-Leslie Yates Memorial - Short course 14 mi - Cool, CA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Terry Giovannie/Mark Hodges	Flint	1:54
Amrita Olery/Simone Jullian	Jasmine	2:01
Victoria Ordway/Jennifer Tiscornia	Rochet	2:06
Mary Law/John Hall	Sweet Gypsy	2:07
Peggy Trento/Melissa Montgomery	Reno	2:11
Emily Gregg/Sue Smyth	Joe Peshi	2:14
Michele Jay Russell/Melinda Faubel	Stashi	2:23
Shelli Andersen/Suzanne Rowland	Dudley	2:31
Heidi Agler/Steve Pool	Red	2:53
Mika Pitre/Kiyana Pitre	Geraldine	3:15



## Cool Ride and Tie-Leslie Yates Memorial - Short course 9 mi - Cool, CA

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
Madison Trocha/Haley Higgings	Barbie	1:47
Rose Marie Moore/George Hall	Cirrus	1:53

## Cool Ride and Tie-Leslie Yates Memorial - Short course 4 mi - Cool, CA

Jessie Campbell/Brad Johnson	Ginzer	1:53
------------------------------	--------	------

Cool Ride and Tie Photos: Courtesy  
Emily Bakewell and Kalin Finsand

## Owyhee Canyonlands - Long course 30 mi - September 26th, 2012 - Oreana, ID

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
R G Root/Layne Simmons	Flaming Will	3:20:00
Ben Volk/Tom Noll	SuperLman	4:10:00

## Owyhee Canyonlands - Long course 25 mi - September 26th, 2012 - Oreana, ID

<i>Runners/Riders</i>	<i>Horse</i>	<i>Time</i>
R G Root/Ira Hickman	Flaming Will	4:35:00

## The Kindness of Strangers

“On July 3 I read a PNER post” ~ Liz Willard

“My name is Amy B...I am from Illinois.....looking for a ride from Portland Airport to Bandit Springs... planning to compete in the National Ride + Tie in Oregon...”

How gutsy! How courageous! She didn't know anyone and didn't have a car. Or a horse. I HAD to contact her. I had to show her western hospitality and our beautiful Ochoco forest.

I gladly picked her up, took her grocery shopping (did she know ride camp was 45 minutes away from anything?), loaned her a tent, pillow, sleeping bag, warm clothes (did she know about our cold nights?) and introduced her to ride manager Janelle (now she would know everything and everyone!).

Dr. Root supplied his horse and Amy settled down to business. She could run, she could ride and she was ready to win. Sadly, Bubba was pulled at the first vet check.

After my house guest departed I found a thank you note with a lovely gift card tucked in it. How kind and thoughtful of her. Several weeks later I received a box from Janelle with all my items neatly returned to me. Plus ANOTHER thank you card with a gracious sum of cash from Amy and a promise to return. **Liz Willard**

## The Coolest Ride & Tie By: Mika & Kiyana

On October 13th, Mika, my 9 year old sister, Kiyana and I (I'm 12) did the 14 mile Ride and Tie in Cool with our wonderful horse partner, Geraldine. Geraldine is a 28 year old Appaloosa mare who loves to go! go! go! When the race began I had to ride first because Geraldine was too much for my sister to handle with all the other horses heading off. I found that Geraldine was doing her Appaloosa shuffle to hustle up with the others. The first time we switched riders, I had to hold Geraldine because the horse tied behind us was pawing at the ground and pulling at the branch it was tied to. I did most of the running and always passed up my sister when she was riding.

One time when I tied Geraldine then took off running, Kiyana had to ask a random hiker to hold her horse for her so she could get up on her. After awhile we decided to stick together.

Mika did do most of the running, but she wanted me to run on all the up hills.

Doing this race wasn't easy but our parents and friends were at parts of the course to cheer us on. This really helped us a lot. I pulled a muscle and if I was to be checked at the vet check I think I would have been pulled.

The hardest part of the race was on the last 4 miles when we thought our team was lost, but we finally found some yellow ribbons. It was hard to follow the ribbons because they were so far apart. It was really nice when some of the other racers checked in with us and gave us a bit of company during the race even though this was taking their time.

At the first vet check the vet noticed some stiffness in Geraldine's front right knee, but it never got any worse and all her others scores stayed really good.

I think he was surprised to see our team finish with our horse being the oldest one there and we were the youngest riders.

We finished in 10th place out of 10 teams, and **we did it!** Geraldine was a great girl, we couldn't have done it without her. Since we were the youngest ones there, we got a nice horse blanket at awards. We plan stick with these middle length races for awhile before we try a long one. Last year we did the 5 mile so this was our second Ride and Tie, it was a lot of fun and we really want to do it again next year!!

Thank you to Carrie Barrett and Sue Smyth who did all the hard work organizing and putting this event together. You made it all happen!

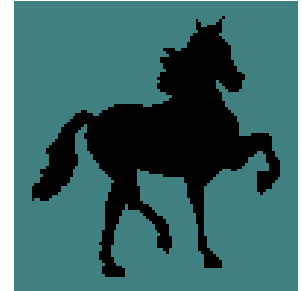


# Give Me Your Foot!

By Missy Wryn



*Paco & Missy on the trail 2012*



I was all set to go for a trail ride early Saturday morning as I bounded out to the barn to get my faithful Paco booted and tacked up to go. I had gathered all the necessary equipment, boots and saddle having them neatly ready to begin the preparation. I retrieved Paco from his paddock, led him to the tie ring and immediately bent down with hoof pick in hand and boot next to his foot. I asked him to pick up his foot in my usual way by gently squeezing his fetlock area, but he wouldn't budge. While bent over I told him "I'll brush you after I get your boots on so let me pick up your foot" but he still didn't budge. I leaned into him as I continued to squeeze his fetlock, even bumped him with my elbow to get his attention but he was not picking up that foot. I stopped asking as it dawned on me, I hadn't even taken the time to say hello, I didn't even acknowledge him and in my haste I was treating him like a piece of exercise equipment that I could turn on and off.

I put my tools down and threw my arms around his neck apologizing for being such a brute. I stroked his neck as I told him how much I loved him and he hugged me back by pressing me deeper into his chest with his chin. He nuzzled me with his lips as I moved around him rubbing and scratching expressing my adoration. Once we had connected in mutual affection I bent down once again to ask for his foot but it was all ready raised in offering to me. Paco rubbed my back with his lips as I cleaned his hooves and donned each boot.

We had a spectacular enchanted ride in the forest as I stretched out my hands to the trees while my dear friend Paco carried me on his back with the reins lying upon his withers. I acknowledge Paco and all horses as sentient beings who thrive when acknowledged, not so different from human beings.

*Nationally recognized horse trainer Missy Wryn developed **Training the Whole Horse®** on the foundation of **Do No Harm**. Specializing in **Iron Free (bitless-spurless)** riding for both English and Western Pleasure riders, Missy teaches safer communication and control while deepening the relationship between horse and rider. Missy Wryn is also the founder of the Equine Support Center for Fibromyalgia, IRON FREE Riding, HorseMAREship, Sisters of the Saddle, DO NO HARM Today, Stop Poisoning Pets, People & the Planet for Profit, Nature's Balance Care, and creator of the ALL-IN-ONE Rope Halter Bitless Bridle. Visit [www.MissyWryn.com](http://www.MissyWryn.com) for more information or call toll free 888-406-7689.*



# Peggy's Place

## Winter Training Tips By Peggy Smyth

Although waning daylight, cold weather and the holidays can play havoc with your running regimen, it's still a good time to train.

Run with a friend or a running group. It's safer to run in numbers and you will have a built-in motivational source. Running with others is a great way to beat the winter doldrums. If you have a horse or dog, take them out for a run with you. Set running goals but be flexible with your training.

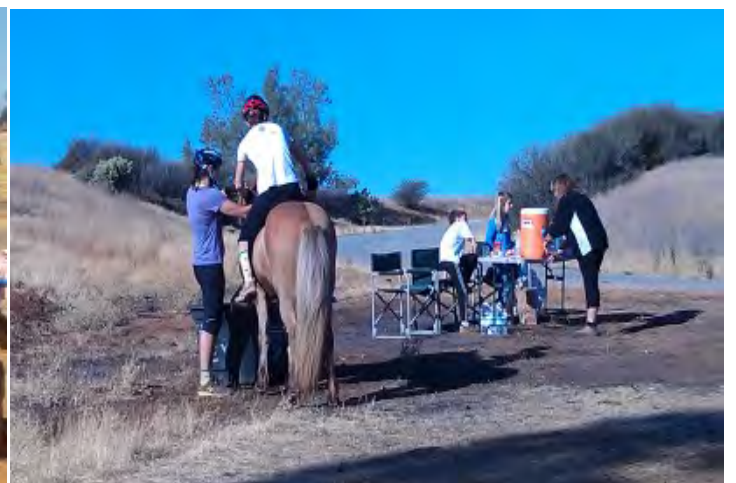
Run outside whenever possible but if you live in climates that are extremely wet, cold or snowy, consider the benefits of running indoors on a treadmill. Cross training on a stationary bike or Elliptical machine is excellent for cross training as well as swimming (indoors). When running in darkness wear reflective clothing and carry a small flashlight or wear a headlamp.

Wearing the right apparel will make your winter running more comfortable. Layer your clothing and wear clothing that wicks moisture away from the skin. In cold weather avoid running with bare legs. A great deal of blood is detoured to the skin trying to keep the body warm and is not going to the exercising muscles where it is most needed.

Wear a hat or ski headband to help keep warm. Gloves are important as well. Remember you can remove layers of clothing as you become warm. Socks that wick away moisture keep feet more comfortable. If running shoes become wet, stuff them with newspaper. (After your run!) Replace the newspaper as it becomes sodden.

Also, it helps to pre-warm your body by taking a hot shower before you go out to run. When your body is warmed up it doesn't have to work as hard to stay warm. Finally, remember to stay hydrated! It's easy to forget about hydration when running on colder days.

*Peggy Smyth began as a Ride and Tie in 1976. She and her partner Val LeBell-Flatley won the Ride and Tie women's titles in 1981, 1982, 1985 and 1986. In 1984 and 1988 Peggy qualified and competed in the Women's Olympic Trials. Peggy continues to hold the women's course record for the Dipsea. Peggy will write a column for each newsletter.*



Cool Ride and Tie - Leslie Yates Memorial

**ZOMBIE**RUNNER   
Stuff for people who run.  
[WWW.ZOMBIERUNNER.COM](http://WWW.ZOMBIERUNNER.COM)

## Ride and Tie? by Val LaBelle-Flatley

Never. Quite simply, I hated to run. Endurance riding? Loved it. The two would never meet in my world. Fate, however, intervened. I met Sharon O'Halloran and was introduced to Nathan Pritikin's book, *Live Longer Now*. This may seem like the "odd couple" but in reality there was a bit of a connection. Sharon was a marathon runner who was learning to ride. She was introduced to riding by a friend who was recruiting her to be his ride & tie partner and the riding took place at the ranch where I boarded my horse, Sienna.

We became friends and started riding together. I still had no intention of becoming involved with the sport. Remember, I still hated running. But it was curious to me how Sharon would get up very early in the morning to go running and then meet me still relatively early to go on a long ride. Just couldn't understand why anyone would do that. The ride was tough enough. The early hours were even tougher for a not-so-early riser. At about this same time, I read *Live Longer Now*. On the patients' road to recovery, Mr. Pritikin had people walking every day, building them up to 10 miles (if my memory serves me correctly). He called it "roving." Well, I thought if heart patients could walk 10 miles a day, I could certainly run one mile. After all, I rode my bicycle and played tennis. This made me very fit indeed and I was in my early 30's. Not over the hill yet. At the time, I lived in Venice, CA, one block from the beach.

Got newly acquired running gear, probably some not so good running shoes and headed for the boardwalk. This would be a piece of cake. I would run to the Venice pier and back to where I started – about one mile. Started off at a nice pace and felt pretty good. That changed rather quickly. My breathing became increasingly labored, my legs were tiring and the pier looked miles away. I'm no quitter. That's the only thing that kept me going. When I finally reached the pier, I sat down and could barely catch my breath. What just happened? Maybe my assessment of my fitness was slightly exaggerated. Actually, I was shocked it had been so difficult to run ½ mile, let alone one. Did some soul searching about my overall health and well-being and came to an immediate conclusion: I was going to begin running. The fact that it had been so difficult did not discourage me. On the contrary, it motivated me to get in better shape. If I hated running, too bad. It was for my own good. I didn't have any grand plans to become a "real" runner. Just do enough to be in better shape. That decision was one of those life-changing moments, where one's life goes in another direction. That direction led me to an amazing sport, terrific long-lasting friendships, fabulous horses, beautiful locations and a better understanding of what we ride & tiers as people are made of. All good things.

The running progressed quickly. Someone had told me the first mile was the toughest and the succeeding ones were actually easier. This was true. It was always hard getting started but after the initial one-mile warm-up, the ones that followed did become easier. Running now became more than just a plan to get in better shape. It was becoming more of an obsession. More miles, now a 10K, maybe even a ride & tie? A surprise finish at the Honolulu Marathon in 1977 sealed the deal. I was now officially a runner and my new goal was to compete in a ride & tie. Sharon and I teamed up in 1978 for the world championship in Davenport, CA (one of the best places ever for any ride). We did fairly well, considering we were first-time partners - third place woman/woman team.

On to Sunriver, OR in 1979. Third woman/woman team again. Big Bear, CA in 1980. We improved to second woman/woman team, giving Sally Edwards and Mo Sproul a run for their money. Sally congratulated us on how much we had improved. We were very flattered. It was at this ride I met Peggy Smyth. What impressed me so much about Peggy? This girl looked like she could run. I asked Peggy if she would like to team up for the next year's ride in Reno. She didn't give me an immediate answer but called shortly thereafter and said yes. At this time, my running was more advanced than Peggy's, but she would surpass me in running distances and speed in short order. The rest, they say, is history. Peggy and I did Reno in 1981, San Jose in 1982, Foresthill in 1985, finishing 10<sup>th</sup> overall and Big Creek (Davenport) in 1986 and a number of regional ride & ties in between. We won the woman/woman division in every race we entered. That's a long way from that Venice Pier back in 1976.

[continued on next page]



*[continued from previous page]*

There were other ride & tie races for me in the 80's with other partners. They were all great fun and each had its own character. One especially memorable one was when Jon Root and I teamed up for the Cuyamaca Ride & Tie, riding my mare, Marle. John later told me after the race that riding Marle was like driving a fast little Porsche. Cuyamaca was one of the significant regional races, as many of the top 10 teams competed. What was especially memorable about that race was that we were the first man/woman team to ever win a ride & tie.

Peggy's and my last race together as a team was the 25<sup>th</sup> World Championship Ride & Tie in Sun Valley, ID, and that was also my last ride & tie. We decided it would be fun to do another ride and support the sport on this momentous occasion. Peggy had continued to run but I had slowed down considerably. No more competing. Just running and walking for good old-fashioned exercise. We did well but did not win our division. By that time, some very good woman/woman teams had entered the sport. Our days of glory were over, so to speak. But neither one of us will ever forget those glorious days of doing something we both loved.

*Val LeBel-Flatley is retired and living in Virginia City, Nevada. She has completed ten Championships. Peggy Smyth is still running, riding and competing with her Arabian, Phyllis.*

1981 Dog Valley race; Reno, Nevada  
Val LaBelle-Flatley on Sienna; Peggy Smyth running, center.  
*Photo courtesy: Peggy Smyth Collection/Levi's Ride & Tie*



**FOUNDING MEMBERS**

Lon Clearwater, Clark & Bradley Davis, Warren Hellman, Wayne, Robin, and Allison Hendrichs, Mike & Cynthia Jepsen, Bud & Fran Johns, Aileen Johnson, Lud & Barbara McCrary, Leah Mirsch, John Osterweis, Kirsten Peterson, Steve Shaw, Jim & D'Anne Steere, Eric Thompson, Lars Thompson, Mary Tiscornia, Ralph & Peggy Wadsworth, Brian Zuniga, and Levi Strauss and Co.

**LIFETIME MEMBERS**

Chris, Linda, & Steve Anderson, Carrie Barrett, Nancy Beacon, Lee Betak, Don & Andrea Betts, Marge & Vern Biehl, Kathy Broaddus, Pat & Nita Browning, Liz Carey, Ruthann Conklin, Doyle Eggers, Jack Garnet, Thomas & Carol Ruprecht Gey, Guy Goddard, Barry Grant, Byron Grant, Debbie Hansen-Bernard, Dawn Hartsock, Janice Heltibridle, Tom Highland, Carl Hill, Lew & Hanne Hollander, Jim, Sara, & Elaine Ruprecht Howard, Tom Johnson, Jonathon Jordan, Jan Kahdeman, Peter & Martha Klopfer, Skip Lightfoot, Mo, Nori, & Whitney Livermore, Gabrielle Mann, Kent McLaren, Lani Newcomb, Chris Nitz, Jaret Owens, Anita Parra, Annette Parsons, Calvin Paulette, Gunilla Pratt, Lisa Preston, Brian Purcell, Barbara Ravizza, Chet Relyea, Mark Richtman, Curt Riffle, Emmett Ross, Tom Rotkiss, Dale Roush, Ted, Joan, & Louis Ruprecht, Kirsten Seyferth, Lari Shea, Marcia Smith, John & Helen Stacy, Godfrey & Suzanne Sullivan, Judith Teichman, Kathy Thompson, Kevin & Ann Townsend, Jeff Townsend, Alina Vale, Sydney, Don, & Bryce Vale, Debbie Wagner, Jean Whitman, Laurie Wilson, Michael Huseby

**RIDE & TIE MENTORS**

**CALIFORNIA:**

Fresno: Don Strong, (916)-402-5226 - dons@deanshomer.com  
Newcastle: Susan Smyth, (916)-663-9410 - susansmythjackson@gmail.com

Orange County: Carol Ruprecht & Tom Gey, (949)-263-1772 - cruprecht@rideandtie.org

Melanie Weir, (714)-321-3695 - melanie.weir11@gmail.com  
Napa/Sonoma: Peggy Smyth, (707)-337-5164 - peggy@dburnsinc.com

Redding: Karen Deaver, (530)-275-8570 - kdeaver@suhsd.net

San Diego: Rufus Schneider, (619)-445-2060

Santa Cruz: George Hall, DVM, (831)-426-9337 - Gandjhall@sbcglobal.net

FLORIDA: Karen Wolfsheimer - wacahoota@att.net

IDAHO: Sid Sullivan - Sids@cableone.net

Southern: Tom Knoll - tomnoll@q.com

IOWA: Laura Miller, (402)-469-1946 - lamiller2409@yahoo.com

**KENTUCKY:**

Shay Hanson, (502)-600-3733 - Adalynn.shay@hotmail.com  
Emily Shouse, (502)-598-6433 - medstoppharmacy@bellsouth.net

NORTH CAROLINA: Beth Brinkley - cactusclanaz@hotmail.com

**OREGON:**

SW: Annette Parsons & Jim Clover, (310)-463-2744 - parsons@apbb.net

NO. OR/SO. WASH: Kirsten Seyferth - kirsten@vourvoullis.com

OR Coast/Willamette Vly : Chris Amaral (707) 834-2343  
trots4long@yahoo.com

TENNESSEE: Joanne Mitchell, (423)-337-6194 - JFGMhorse@gmail.com

TEXAS: Sherrie Reimers, (830)-303-0004 - SKReimers@aol.com

UTAH: Dave & Debbie Wagner, (435)-658-3065 - Ddwags@redrock.net

VIRGINIA: Lani Newcomb - give2bute@aol.com

**WASHINGTON:**

WESTERN: Lisa Preston - lfp Preston@hotmail.com

Steve Anderson, (360)-588-1730 - steve.anderson1@juno.com

EASTERN: Rachel Toor - racheltoor@gmail.com

**BOARD OF DIRECTORS**

Ben Volk, President	bvolk@rideandtie.org
Vice President - VACANT	
Steve Anderson, Treasurer	steve.anderson1@juno.com
Susan Smyth, Secretary	susansmythjack-
son@gmail.com	
George Hall	gandjhall@sbcglobal.net
Lani Newcomb	give2bute@aol.com
Ted Ruprecht	uprecht@suddenlink.net
Rufus Schneider	schneider@sdcc.edu
Sherrie Reimers	skreimers@aol.com
<i>Members Emeritus</i>	
Steve Shaw	sshaw@pacbell.net
Mary Tiscornia	MLT580@aol.com

**RIDE AND TIE ASSOCIATION CONTACTS**

Head Veterinarian: Greg Fellers	gregnkathy220@gmail.com
Endowment Chair: John Osterweis	johnno@osterweis.com
Media Relations: Carol Ruprecht	cruprecht@rideandtie.org
Statistics: Steve Anderson	steve.anderson1@juno.com
Newsletter Editor: Dal Burns	newsletter@rideandtie.org
Sponsorship/ Advertising: Susan Smyth	susansmythjackson@gmail.com
Ride and Tie Office: Ben Volk	bvolk@rideandtie.org
(509)-521-6249	
Ride and Tie Association	
2709 Road 64	
Pasco, WA 99301-1961	



# THE RIDE & TIE ASSOCIATION

2709 Road 64  
Pasco, WA 93301-1961

November Mystery Photo Contest! Do you know who, where, when and what?



## September Mystery



That is us, **Peter and Martha Klopfer**, receiving first prize in the British Arabian (horse!) assoc's first U.K race, fall of 1979. The award is being handed us by the wife of the Earl of Cirencester (*An earl's wife is a countess: Ed*) on whose magnificent estate the race was run. <http://www.cirencesterpark.co.uk>

I think in Europe somewhere. Probably a long time ago as it is black and white and probably from Bud John's archives and looking at the age of the Klopfers and hair styles...late 70's? The German Ride and Tie or one in England. **Steve Shaw**

I don't normally respond to these because (1) seniority sometimes gives me an unfair advantage and (2) my memory sometimes fades on people and/or scenes that are so familiar.

That said: *Who?* Peter and Martha Klopfer with an Englishwoman whose name I don't remember; *Where?* Cirencester, England; *When?* 1979; *What?* Accepting the saddle which was the prize for winning the 1st English R&T (This was a time when the AAU opposed prizes so to preserve their amateur status Peter and Martha accepted the saddle on behalf of the Englishwoman who had provided them with their excellent equine teammate). You can read about both the AAU situation and the first English R&T on pages 76-82 of *What Is This Madness?* **Bud Johns**