

RIDE & TIE



NEWSLETTER

May 2010

40TH ANNIVERSARY WORLD Ride & Tie Championship

JUNE 19TH, 2010

TROUT LAKE, WASHINGTON



Photo by Jason Orosco

RACE DIRECTOR--STEPH IRVING SIRVING@GORGE.NET, 509.395.2065

PRESIDENT'S MESSAGE

The 40th anniversary celebration of the Sport of Ride & Tie is going to be great. Be sure and invite your friends. Invite any semi-retired, we never really retire, ride & tiers to come and join us. Invite anyone that would just like to see what ride & tie is all about. We want a crowd. We want this to be a fun week. Camping is available from Saturday before the race. This is a vacation destination, there is lots to do. The hike to the top of Mt Adams must be spectacular.

On Thursday of race week, we will have our annual General Membership meeting with the Year End Point and Mileage awards. We will follow that with 'Many Dogs' who will be there to perform archery from horseback. He has performed with the Wild West Show. If you can't make the first show he will be performing again before the awards ceremony on Saturday. Check with anyone who was at the Montana Championship. He is fun to watch. After 'Many Dogs' performance we will have our usual potluck and we will furnish the barbecue tri-tip. And that's not all! We will follow the potluck with some mostly 'hardly strictly bluegrass' pickin' and grinnin'. (Warren, don't forget your banjo!)

Friday is "Team Day" for registration, vetting in your horse, and the pre-ride meeting. Saturday morning the race is on. We will follow that with another archery demonstration. The awards banquet will be featuring salmon. Wear your dancing shoes. Saturday evening is for dancing to 'The Foothills'. A fantastic local band from Trout Lake.

This is also a very special Championship race for me. This is the sixth and final Championship with which I will be associated as president of the organization. The past six years have been very special to me. I have been able to get to know a lot of really good people. Much of the success during my presidency has been due to the assistance of many fine volunteers and the great Board of Directors with whom I have had the opportunity to work. Together we can feel proud of many accomplishments. I know that economics will sometimes out shout what is good for our membership, but I hope in the future these can be maintained:

- * A great newsletter in color that we can look forward to, show our friends, and promote our sport.
- * An annual Handbook so that we can plan our races for the season and find people in our area for practice ride & ties and partners.
- * We have actively pursued the opportunity to educate the members of the ride & tie association through clinics, mentoring and articles in our newsletter.
- * We have reduced the entry fees for the Championship race from over \$200 to just \$100, making it more likely everyone who wants to will be able to participate.
- * We have lowered the membership fees to just \$25 for an individual and \$40 for a family from \$35 and \$50. No other organization charges less for their memberships.
- * We have had some fantastic Championship race locations including the first one in Southern California, (2006 Santa Ysabel) in thirteen years. And don't forget our return to Taylorsville, the beauty of Libby, Montana and two races in the Humboldt Redwoods.
- * We have added races in Texas, New Mexico, Iowa, Canada, and we will have a race once again in North Carolina. We may soon have races in Florida. We may have 30 races on the schedule by next year. Be sure and support your local races so we can continue to have them.



Don Betts with partners, Cinder and George Hall

- * We have a greatly improved website. All the important documents and approved Board Meeting minutes are posted. You can now join and pay for your membership to the Ride and Tie Association on line. You can sanction a ride & tie race and pay the fee online. You can enter the Championship online! It's fast and easy.
- * We have increased the Association's involvement in helping you put on a ride & tie. For the \$100 we furnish the insurance, we give your race a full page color flier in our handbook, include the race in our Newsletter schedule, and post your race on line with your flier and entry form.
- * We offer communication and promotional opportunities for race directors and members through our Association email list, Yahoo Ride and Tie Forum and on the Face Book Ride and Tie page.

Continued on page 13.

BOARD NOMINEE STATEMENTS



Carrie Barrett

I'd like to run to have the opportunity to be further involved in a sport that I love and have been competing in since 2003. I am interested in the inner workings of the organization would love the opportunity to:

—help to improve our systems and processes



Rufus Schneider

I would like to keep my seat on the Board of Directors for another term. I bring different viewpoints to our board meeting and serve members well with my experiences as a competitor, race director and southern California mentor. In these capacities, I hear what other members have to say

The Ride and Tie Association is comprised of nine members serving three year terms. Each year three of the Board members come up for reelection. The Board meets five times each year by telephone conference and once in person at the Championship. If you would like to become a member of the Ride and Tie Board of Directors, contact any Board member. Their names are listed on the back inside cover.



Liz Perkin

After spending the majority of my childhood and teen years showing horses, I was delighted to find the Ride and Tie community in 2005. It was in Libby, MT, at the 35th Championship race that I completed my first Ride and Tie. And no one has been able to shut me up about it since. Ride and Tie has provided me with a circle of intriguing friends and wonderful camaraderie. I would love to have the opportunity to give back to an organization that has given so much to me. If elected to the Board, I would like to focus on ways to bring in new sponsorship and encourage current members to introduce new people to the sport. The Corky Award at the



Ted Ruprecht

I (25 year Championships), my wife (22 year Championship) and all four of our children and our grandson have competed in Ride & Tie. I am grateful for the opportunity to have served two terms on the Board of Directors where I have been an active and contributing member. During my first term I served as Treasurer



Sue Smyth

It is my desire to serve on the Ride and Tie board of directors as a way to give back to an amazing organization that has given me and so many participants, crew, families and support staff a history of fun, friendships and adventure. I first participated in Ride and tie back in the

Championship Week Schedule

Saturday, June 12:	Camp Opens
Saturday-Wednesday:	Enjoy the hiking, rafting, scenic drives, wineries, museums and getting together with old friends
Thursday, June 17:	4 PM General Meeting and 2009 Points and Miles Awards .
	5 PM Horseback Archery Demonstration by Many Dogs
	6 PM Potluck (We provide the meat, You bring a dish to share.)
	Following dinner: Music and fun: Bring your instruments!
Friday, June 18:	10 AM Registration begins
	2 PM Vet in begins
	6 PM Ride Meeting
Saturday, June 19:	8 AM 40TH ANNIVERSARY RIDE & TIE CHAMPIONSHIP!
	5 PM Horseback Archery Demonstration by Many Dogs
	6 PM Salmon Banquet followed by Awards
	8 PM Music, Dancing and Anniversary Cake
Sunday, June 20:	Camp Closes

Ride Camp Info

* Ride Camp will be at the Mt Adams Horse Camp in the Gifford Pinchot National Forest. You can learn more about the area's rafting, fishing, hiking, and get maps at web site: <http://fs.fed.us/gpnf/recreation/campgrounds/sites/MtAdamsHorseCamp.shtml>.

* The ONLY hay permitted in the National Forest is CERTIFIED WEED FREE HAY and FEED. We will have Weed Free Hay for sale at the camp.

* Everything brought into the camp must be taken out. To facilitate this there will be a team of local teenagers who will provide horse poop removal services. They are working to pay for their class trip. Please tip them generously!

* Temperatures in June at Trout Lake are typically in the low 70's dipping down into the 40's at night. It is Washington so rain is always a possibility. We will have a large tent for group meetings.

* Stock water is available at camp, but no people water.

* Trout Lake Grocery Store has basic groceries, but the nearest real grocery is at White Salmon or Hood River.

* There is no RV dump at camp.

* There might be cell phone reception... or maybe not.

* Thursday evening there will be music and singing. Bring your instruments!

* Saturday following the awards a really good local band will be performing. Bring your dancing shoes!

* Dogs MUST be restrained or on leash while in the ride camp or other National Park developed recreational areas. They are permitted on trails.

* Showers will be available at predetermined times at the High School in Trout Lake.

* Come and tour the area! Wineries, Mt. St. Helen's, the Bonneville Dam or Cascade Locks, The Columbia Gorge Interpretive Center, the Cascade Locks Historical Museum, and the world famous Maryhill Museum of Art. Or just enjoy driving the Lewis and Clark Scenic Highway or the Ice Cave Route.



Photo by Bill Wilson

Don't miss the Horseback Archery demonstration by Montana's Many Dogs at our Championship!

GETTING TO THE CHAMPIONSHIP

The 40th Anniversary of the Ride & Tie Championship will be held this year in the Gifford Pinchot National Forest near Trout Lake, Washington. Ride Camp will be at the Mount Adams Horse Camp. For more information and maps go to the Gifford Pinchot National Forest web site at: <http://fs.fed.us/gpnf/recreation/campgrounds/sites/MtAdamsHorseCamp.shtml>.



TRAVELING NORTH ON I-5 IN OREGON:

Take exit 288 onto I-205. This by-passes the downtown Portland area.

Take exit 22 to merge onto I-84 E/US-30 E toward The Dalles. There is a Washington State Highway 14 on the north side of the Columbia River, but while very scenic, it is tiring to drive on with a horse trailer, so stick with I-84.

Take exit 64 North across the Columbia River on the Hood River Bridge. (Toll: 75 cents per axle). (There is a bridge before the Hood River Bridge called the "Bridge of the Gods". If you are traveling with a horse trailer, don't take it.)

Turn left on Lewis and Clark Highway/WA-14 West

In 1.5 miles turn right onto Washington 141 Alternative North. In a few miles this merges with 141 North. Continue on 141 to Trout Lake.

At the Chevron Station stay to the right and follow the signs to the Horse Camp in the Gifford Pinchot National Forest.

FROM THE NORTH OR EAST: Most people recommend crossing the Columbia River and driving on I-84 to get to Trout Lake, crossing back over at exit 64 on the Hood River Bridge. From WA 14 turn north onto Washington 141 Alternative which merges with 141 North. Trout Lake is about 20 miles north on 141. When you arrive at the Chevron Station in Trout Lake veer right and follow the signs to the Ride and Tie Championship at the Mt. Adams Horse Camp in the Gifford Pinchot National Forest.

 20% discount on River Rafting during Race Week! (River Drifters, www.riverdrifters.net 800.972.0430)

Presenting Your Horse For The Pre-ride Vet Check

by Greg Fellers, DVM



Annette Parson Photo

Greg Fellers at work at the 2007 Humboldt Redwoods Championship.

In our last Newsletter, I spent some time talking about coming out of winter and beginning the training process. Clearly, for both your horse and yourself, you have to plan your time and modify your approach to your particular situation. But, as in all things, effort spent in preparation pays off in results and enjoyment. The experience of checking in for the pre-ride vet check is another instance where preparation will increase the ease of the exam for yourself, your horse and for the vets. I have put together some of my comments/suggestions from my experiences.

First, a comment on us humans before I get to the horses. Gathering for the vet check is often a very social event. We vets have many friends in the sport and enjoy catching up. Equally, competitors will see each other and want to find how things are going and what's new. However, there is still serious business to conduct. We all have to stay focused to the task at hand, at least for a few minutes, so that the check in is completed accurately and safely for all concerned.

Your horse is being asked to stand for an exam by a strange person in a new location with all kinds of activity going on around them. So what can you do to get your horse's attention without making it more anxious or even more agitated? Sometimes stepping out of line for a little therapeutic walk around camp is the best medicine. The vet is going to check metabolic factors that involve turning up a lip to look at gums, pinching the skin, poking at muscles along the shoulder, back and rear, sticking a stethoscope behind its elbow and under its abdomen and possibly other odd actions that you would not ordinarily do yourself with your horse. Take the time during your training to do all the groundwork. Do all these things to your horse over and over, and then have other people do them also. The extra time spent in this endeavor will pay off.

Besides metabolic factors are the musculoskeletal factors. The vet will want to run his or her hands over all four legs feeling for heat, pain and/or swelling. It may involve picking up any leg to check flexion/flexibility, response to palpation, condition of shoeing, etc. Make sure your horse is accustomed to this being done routinely by you and, again, by others. The hind legs are often more of an issue than front legs, so keep this in mind in focusing your efforts.

Finally, is the trot out. Soundness, defined here as the visible absence of lameness, will be a very critical factor in the decision of whether the horse is fit to compete or not. It is vital that the horse be observed in a straight line, even paced TROT in both directions for accurate evaluation of gait and soundness. You must control all aspects of the trot out. Give enough length on the leadline for freedom of head movement but keeping the horse from bolting away or turning. Run in a straight line yourself looking forward, not sideways at the horse. You must be aware of the speed. You will need to run for your horse to comfortably trot along side. We often see horses trotted out either too slow or too fast.

How often do you actually practice leading your horse up and back at a trot when you are doing your training? Does your horse respect your space? Does your horse trot at the speed you desire? Does your horse know how to negotiate a 180-degree turn in step with you?

Some of this, maybe a lot, may sound rather elementary to many of you. But ask any vet who has been doing this a while, and you will hear horror stories about trying to do an exam when one or both members of the team are clueless. It results in a stressful situation at best, and sometimes a dangerous one.

In conclusion, proper preparation for any and all of the elements of a competition makes the whole experience more enjoyable and safe for all involved.

Ride & Tie Youth

As most of you may know, a Woman/Woman team won at last year's World Championship Ride and Tie. What some of you may not know is that the winning Man/Man team consisted of adult Ben Volk, the retired endurance horse Mondart, and 15-year-old Lucas King. The majority of Ride and Tie-ers may be older than 18, but adults beware- the next generation is beginning to make its mark!

I interviewed Lucas to learn a little more about the first place World Champion teenager. Lucas King lives in Trout Lake, Washington, whose population is apparently "outnumbered by cows," where he participates in soccer, basketball, and track with his school. When I asked him how he got involved with Ride and Ties he replied, "Originally I was just a spectator of the sport. The first time was a couple years ago; the first year there was a Ride and Tie at Mt. Adams. I always wanted to do one but never had the confidence that I could run that far. You really can't experience how fun they are until you do one.

You only run about one mile every time you are off the horse, and your legs get a much needed rest when you are riding. It really is a lot easier than one would think." Before his championship race, Lucas had only participated in one race- talk about a natural Ride and Tie! When I heard this, I figured that Lucas must have trained extensively to pull off a World Championship win on his second race but I was yet again surprised. "I have been running my entire life, but I only run a couple miles here and there and don't consistently go on training runs. I compete in soccer, basketball, and track for my school which keeps me in shape almost year around." He continued on to say that his daily routine consisted of the following: "I wake up, eat my Wheaties, go to school, and then participate in whichever sport I am playing after school. I don't do a whole lot of special training." Not exactly the secret to success I was expecting.

According to Lucas, his ending success was not what he had been expecting either. When I asked him if he had been confident going into the Championship Race he said, "I had no confidence going into the race. I knew my partner, Ben, was a great runner, but I had no idea how my horse was going to hold up over the 35 miles of the World Championship Long Course. I also didn't know if I could keep a steady pace over that distance. I was going to try my hardest, but I knew I just had to enjoy being out there in the beautiful redwoods and to feel satisfied when I finished." Not only is this the outlook of a good sport, but in Lucas' case, of a winner as well. Is there anything more rewarding than to have the first place spot be filled with a gracious champion whose goal going into the race was to enjoy where he was while doing his best? Nothing comes to mind!

Lucas King has set the way for the incoming generation. Hopefully his accomplishment will encourage more youth to get involved and bring a new level of competition to the races. Even though it may take a little time for some to catch on, Lucas will be representing the youth- and doing a fine job of it. So adults, keep your eyes open. If you see a, now 16-year-old, boy going by the name of King lining up at the start of your race, know that you are going to be in for a tough race to the finish line!

-Bethany Draeger, Youth Editor



Lucas King at the start of the Humboldt Redwoods Championship. Partners Ben Volk and Mondart are behind on right.

SAFETY TIPS FOR RIDE & TIE

BY ELLEN RINDE

In ride & tie, we all love the thrill of risk, right up until someone gets hurt. Safety is about managing risk while still having fun.

Most ride & tie wrecks occur within the first few miles when speed, adrenaline and traffic are high. Based on my ride & tie experiences, here are some suggestions for getting through "rush hour" without a crash.

➤ One of my basic rules of ride & tie is the horse owner rides the start. Gary Webb and I teamed up for over 35 races and knew each other's horses really well, yet we still always adhered to that rule. We both knew that the first couple of miles of a race are the most risky so we place safety above strategy until our horse had gotten past the stampede mentality and settled into a more focused race mindset.

➤ When leasing or borrowing horses, I try to take the horse out for a "get acquainted" ride the day before the event.

➤ If a test ride isn't possible, I talk to the owner and learn as much as I can about how the horse may behave.

➤ If neither my partner nor I are familiar with the horse, the better rider rides the start.

➤ So sometimes, despite my good intentions, I've ended up starting cold turkey on an unfamiliar horse. At the starting line at Cuyamaca Ride & Tie one year, my "last minute" partner handed me her horse and said, "Here, you start on the horse. I'm afraid to so my husband always does it for me".

➤ Where possible, I try to give my horse a thorough warm up before the start. Although few sites offer such luxuries, ideal is a secluded location where I can get my horse to relax and focus.

➤ If a quiet warm-up isn't feasible, most horses will usually be more relaxed if they are allowed to walk around in a circle or serpentine rather than be forced to stand still.

➤ Once people start assembling at the starting line, I try to keep clear of excitable, poorly controlled horses or obviously inexperienced riders. If there's a relaxed horse to buddy up with, that helps, too.

➤ I'm not a "speed freak" and don't like to start fast. My horse, Scotty, however, would have loved to be right out in the lead. If I held him back too much, he bucked so I tried to compromise with him, letting him move out faster than I was comfortable with but slower than he longed for.

➤ I try to avoid getting behind the runners at the start. Having been on foot with semi-uncontrolled horses coming up behind me at high speed, I know it's really scary !!! If you're the runner, you're safest if you stay to the side of the road and keep moving straight ahead. Most horses won't run over you but if you change course unexpectedly, you're more likely to get hit.

➤ One strategy I've used if I'm concerned about a fractious horse is to do a hand-tie for the first exchange then a roll-over for the second exchange. By the third exchange the horse has usually calmed down some or at least I'm alone when I have one of those "hey, listen to me" conversations with my equine teammate.

➤ If conditions are really dicey, like the times I've done ride & ties in snow or heavy mud, I've opted to start a couple of minutes late to avoid the combination of heavy traffic and poor footing.

8



Ellen riding at Cool R&T, 2007

Photo by Allaround Photographers

Continued on page 14

Sunrise Canyon Ride & Tie - Hell or Hill by Trevor Larson

My first ride and tie won't be my last. I began riding horses last year with my friend, Ira Hickman. Ira and I love to do just about any outdoor activity, and horses was something I had never really experienced. The more we rode, the more he talked about doing this race with only one horse, but two people. I remember thinking "how do you decide who gets to ride the horse?" Little did I know.

My first event was the Sunrise Canyon Ride and Tie hosted by Ira Hickman and Ben Volk. I paired up with Shelly, who was a friend of Ira's wife. She has much more time in the saddle than me, and likes to run. Ben was kind enough to loan us a horse that had competed before. So, we had the makings of a team!



Photo by Ira Hickman

Shelly Yorgesen on Tia and Trevor Larson at the finish of the short course.

Together. We got a lead fairly early on, and maintained our position in front of the short course riders for the remainder of the ride. I have to admit, I didn't plan on this, nor did I think the next closest riders were only three minutes behind us!

When it was over, we were all smiles, high fives, and looking at our calendars to see when we could do the next one! I think that says it all.

Trevor is a guy who is addicted to anything that combines adventure and the outdoors, but moonlights as a dentist in the tri-cities area of Washington state when he can't be doing that other stuff.

The weather that morning was perfect sweatshirt weather! Cool enough with a bit of edge to the cold, but gently warming as the sun shone on the pasture. We assembled, went over the map, chatted with the other riders, and wondered just how hard the hill would be to climb. Shelly started on the horse, with me on foot. We made our first tie early on, then tried to time them based on difficulty of terrain and time on foot. I found that just about the time I was quite tired of running, there was Tia waiting for me tied to a sagebrush! The flat part in the beginning went smoothly, then came the hell. I mean the hill. We split it pretty evenly, and everybody but Tia got a bit of a break climbing that beast of a hill.

The view from the top was amazing! We cruised the ridgeline, dropped into an apple orchard, and continued down the hill back into camp. We had another three mile loop to complete the whole course. It bordered two crop circles, then headed back to the start. Shelly and I raced well

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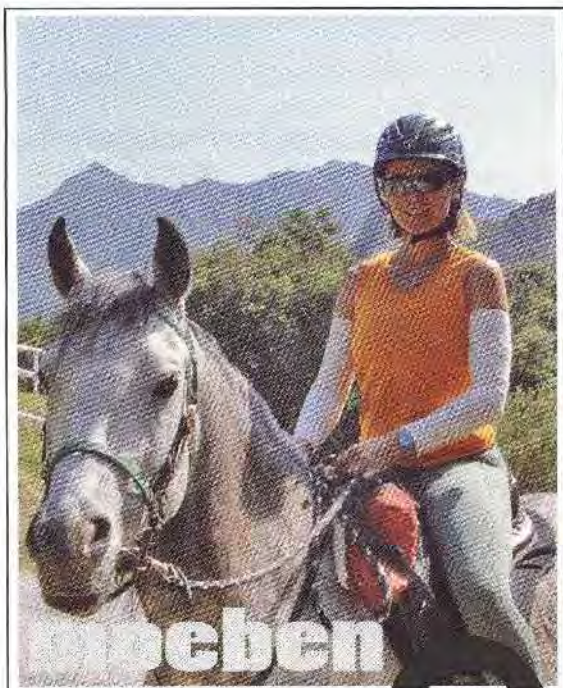
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For those of you who have missed the frequent photos of our grandkids! They are now 8 and 6 and live in Ashland, Oregon! We see them more often now.



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BOARD OF DIRECTOR NOMINEE STATEMENTS CONTINUED

Carrie Barrett Continued

- encourage membership/growth
- discuss possible solutions to problems or issues that may be present
- brainstorm new Ride and Tie ideas
- generally work to advance our sport.
- assist in any other way the Board might need

I have felt for a year or so that I'd like to give back to an organization that has given me so much. I'm having a great time (LEARNING EXPERIENCE!!!) figuring out how to be a Race Director (Quicksilver, 2010) and feel like I am finally beginning to give back to the sport. Being on the Board would be one more way I could give back. I'd appreciate the opportunity now or in the future to serve on the Board.

Carrie Barrett began participating in Ride & Tie in 2003 and has been an active competitor. Her first experience as race director will be at Quicksilver Ride & Tie. She is seeking her first term on the Board of Directors.

Liz Perkin Continued

Championship is one great example of encouraging experienced Ride and Tiers to bring new people to the sport, but I'd work to think of even more. Hopefully you'll give me the opportunity to serve you and the rest of the Ride and Tie family. Go Ride and Tie!

Liz Perkin has been competing in Ride & Tie since the 2005 Championship in Libby, Montana. She is a frequent contributor to the Ride & Tie Newsletter and an active member of the Ride & Tie discussions on Facebook and Yahoo. She has voluntarily started a page for the Championship on Facebook and has been encouraging participation in our big event. Liz is seeking her first term on the Board of Directors.

Ted Ruprecht Continued

and was able to increase our income by changing our investments from non-to interest-earning accounts. The Association can point to some positive achievements such as growing membership (albeit slowly), increasing numbers of races, enjoyed Championships and expanded award opportunities. But we, unfortunately, are and have for some time, been faced with some significant challenges. These include low Championship Race participation and huge budget deficits (Expenses exceeding Revenue) for both the Championship race and for Association administration. As a retired economist, I am active on the Board in addressing such problems.

With your support, I can and will continue working to assure a healthy and secure future for our sport. Thank you

Ted has been ride & tying since 1980. He has acted as Treasurer of the Board of Directors and is seeking reelection for his third term.

Sue Smyth Continued

1980's and was fortunate to find my way back over the last several years as a participant and mentor. Ride and tie has given me and so many a perfect way to balance mind, body and spirit. As a board member, I will seek to encourage the growth and foundation of ride and tie. Happy trails and my sincere commitment.

Sue Smyth began her ride & tie career in 1982. She has served on the Nominating Committee for the Ride and Tie Association and is a Ride & Tie mentor.

Rufus Schneider Continued

and bring their thoughts to the board meetings also.

One goal of mine on the board is to make sure, through all the growing pains and changes Ride & Tie goes through, that we do not lose sight of what the ride & tie experience is all about. I would like to continue doing that, and help the sport grow and move into new geographical areas. If the members would like me to, I would like to continue serving on the Board of the Ride and Tie Association.

Rufus has been ride & tying since 1993. She has been the director of two Ride & Ties each year, as well as the 2006 Championship in Santa Ysabel, California. She is seeking reelection for her fourth term.

Once the Board of Directors has approved the minutes from their meetings they are available for all to read on our web site at www.rideandtie.org. You can find old issues of newsletters archived there too!

2010 RIDE & TIE SCHEDULE

Check www.rideandtie.org and the newsletter for updated information

New Ride!

May 8 Cache Creek Ridge Ride & Tie, Williams, CA, 10/25 Miles, Jennifer Stalley, 530-755-6777 jdstalley@yahoo.com

May 15 Quicksilver Ride & Tie San Jose, CA 6/11/22 miles Carrie Barrett, 415.381.0755, carriearrett@comcast.net

May 15 Mount Adams Ride & Tie, Trout Lake, WA 12/25 miles, Steph Irving, 509.395.2065, sirving@gorge.net

New Ride!

May 15 Biltmore Ride & Tie, Asheville, NC 8/15/23 Miles Karen Reynolds 828-273-1627 drkarenreynolds@gmail.com

May 30 Wild West Ride & Tie, Tahoe National Forest, 12/25 Miles, Melissa Ribley, 530.268.1378. mribley@wildblue.net

May 30 Old Glory Ride & Tie Dripping Springs, TX, 10/25 miles, Ross Carrie 936.581.0492, carrie@ravenenvironmental.com

June 12 Descanso Ride & Tie, Descanso, CA 15/25 miles, Terry Wooley Howe, 619.445.5443, endurance@hughes.net

JUNE 19 WORLD RIDE & TIE CHAMPIONSHIP, TROUT LAKE, WA, STEPH IRVING, 509.395.2065, SIRVING@GORGE.NET

July 2 Nicola Pines Railroad Ride & Tie 15/20 miles, Merritt, British Columbia, Danny Grant, dannygrant@hotmail.com

July 10 Gold Country Ride & Tie, Georgetown, CA, 25 miles/ Short Course TBD, Cheryl Domnitch, 530.748.4305, cdefpe@aol.com

July 11,13,15,17 Fort Stanton Ride & Tie, Ft. Stanton, NM, 35 miles, Roger Taylor, 505.897.4985 Roger_Sue@prodigy.net

July 10-11 Bandit Springs Multi-day Ride & Tie, Ochoco National Forest, OR, 30-100 mile (elevator) Janelle Wilde 541.849.2460, jwilde@wildevnts.info

July 24 Pacific Crest Ride & Tie, Ashland, OR 10/30 miles, Annette Parsons, 541.846.6656 aparsons@apbb.net

July 24-25 Old Dominion Ride & Tie Weekend, Orkney Springs, VA, 6/12/20 miles, Lani Newcomb, 540.554.2004, give2bute@aol.com

New Ride!

September 4 One Heart Ride & Tie, Collins, IA, 4/12/20 miles, Eileen Witt 515.290.2306, oneheartrideandtie@gmail.com

September 10-12 Big South Fork Ride & Tie, Oneida, TN 8,30,55,100 miles, Joanne Mitchell, 423.337.6194, ifgmhorse@gmail.com

September 11 Lost Mountain Ride & Tie, Sequim, WA 15 and 25 miles, Don Betts 360.681.5218, rideandtiedon@aol.com

September 17-19 Chesapeake Fall Ride & Tie, Fair Hill, MD, 12/25 Miles, Cate Peloquin, 410.652.3454, cpenguin57@aol.com

September 18 Coolest Ride & Tie Cool, CA, 4,9,13 and 22 miles, Frank Lieberman, 530.886.0890, coolgalinda@sbcglobal.net

October 2 Manzanita Ride & Tie, Boulevard, CA, 15/25 miles, Terry Wooley Howe, 619.445.5443, endurance@hughes.net

October 16 Foothills of the Cascades Ride & Tie, Molalla, OR, 25 miles, Mary Nunn 503.829.5321, flyingn@molalla.net

October 22-23 Fort Valley Ride & Tie, Fort Valley, VA, 15/30/50 miles, Susan Trader 540.882.9721, susntrader@aol.com

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RACE RESULTS

The following race results were turned in and approved (all participants were official members) by the newsletter deadline for publication. Check the next newsletter for additional results.

BAR H PRO-AM RIDE & TIE	20 Miles
Rufus Schneider/Troy Eckard/Analise	2:49
Rick Noer/Andrea Moni/C.D.	3:33
Tom Gey/Caroline Boullon/Findefar	3:40
Gunilla Pratt/Claire Eckard/Fanta	DNF
Jessica Jacobs/Liz Price/Brio	DNF

10 Miles	
Fabian Moni/Jeanne Sesky/Fehran	1:18
Betsy Mongrain/Mike Whelan/Koona	1:28
Kat Swigart/Paula Stenzel/Marla	1:33
Liz Ruga/Joe Ruga/Elvis	2:07
Hannah Price/Riley Dewhurst/Justin	2:38
Asia Ivanuska/Angela Koons/Chieromie	2:48
Kim Schneider/Elisabeth Soloman/Pogo	2:51
Melanie Weir/Mindy Boehm/Emerald	DNF

SUNRISE CANYON RIDE & TIE	20 Miles
Ira Hickman/Ben Volk/Magestic Lady	2:46

11 Miles	
Shelly Yorgensen/Trevor Larson/Tia	1:28
Nicole Stewart/Nichole Dillavou/Spirit	1:31
Greg Smith/Vicky Smith/Bob	2:11
David Linville/Molly Linville/Glory	2:11
Maria Cavassa/Oriana Hammerstrom/CJ	2:34
Josh Week/Kiersten Week/Maya	2:34

CHESAPEAKE SPRING RIDE & TIE	20 Miles
Kathy Broaddus/Lani Newcomb/Tidbit	5:30
Wade Grim/Janice Heltibridle/Bubbah	6:18

12 Miles	
Megan Delp/Alayna Wagner/Kuna	2:33
Jenny Jones/Cate Peloquin/Beulah	3:17



President's Message Continued

- * We have made the Championship belt buckles even better!
- * We have encouraged the membership to run for the Board of Directors, ensuring fresh ideas and energetic participation to continue to improve our sport.

Another thing that I am quite proud of is that we have not bankrupted the organization despite some bad financial times and decreased fees. Due to increased membership and extremely generous benefactors such as Warren Hellman, John Osterweis, Leslie Yates and Steve Shaw, we have \$117,000 in our accounts, which is \$6000 more than we had in 2004 when I became President.

My years as president would have been a disaster without all of the Race Directors who have put on races for us. Not only the Championships, but each and every local race has been managed by fine people who make every effort to produce a fun and safe event for your participation. Those who invest their time and effort to put on a Championship have especially earned my gratitude: Mary Beth Alkire (Libby, Montana, 2005), Rufus Schneider (Santa Ysabel, California, 2006), Chris Amaral (Humboldt Redwoods, California, 2007 and 2009) and Dennis Miller (Taylorsville, California, 2008), and Steph Irving (Trout Lake, Washington, 2010). What a great time Annie and I had working with these people.

In addition I want to acknowledge the assistance of my wife, Annie, for her tireless work on the Newsletter and Handbook, Carol Ruprecht, for her continuing efforts at managing media coverage for our sport, Annette Parsons for her tremendous accomplishment of the History of Ride & Tie which will be given to those of you participating in this year's championship, our webmaster Trish Gibbs of Digital Equine and to Lisa Preston, who tackled and tamed the bandits in the membership list. With you, these past six years have been much easier.

Finally I want to express my gratitude to all of you who have helped the Ride and Tie Association in the past six years. I can't name you all, but if you have stepped up and helped out in any way, when asked or even when not asked, this thanks is for you. Your assistance, by active participation or by providing emotional support, or by sharing your ideas and opinions with me has made my years as president successful, easy and fun. Thank you all for letting me be your president.

Don Beth

www.rideandtie.org

Ride & Tie Safety Continued

- A couple of times, I've worn a helmet at the start. This is obviously a smart thing to do but not very compatible with running, even if you're as slow as I am. A possible solution I'd like to see more races try is to have a helmet drop box about 2 miles out on the course to make it easier for people to wear helmets at the start.
- If you have a real problem horse, like the runaway that landed two people in the hospital at the Championships one year, do us all a favor and please don't bring it to ride & ties at all. It puts too many horses and people - you, your partner, other contestants, spectators, ride managers and volunteers - at risk.
- The best start of my ride & tie career was at Champagne Ride & Tie when I was teamed up with my husband Dennis and our horse, General Geranium. I gave Gerry a good warm-up in the arena. Since I'm the more experienced rider, I started on the horse. Dennis, lead runner on the team, told me to go out long and tie at the first safe spot after the river crossing. The ride manager asked for someone to lead a controlled start through a narrow, single-track trail down across a steep ravine. Since Gerry was big, steady and experienced, I volunteered. The horse was an angel and calmly walked the group through the tricky first mile. Most people tied as soon as they came out of the ravine. I put Gerry into a big trot and we had a lovely ride in the park all by ourselves for the next few miles. A calm, well-planned start put us in position to finish 2nd place, 1st M/W team and best condition that day. All that and I had the distinct pleasure of dusting a contestant who had made several catty remarks about how slow I was running earlier in the day !!!

Ellen Rinde has been participating in Ride & Tie for 25 years. Until last year Ellen held the record for total mileage with over 3000 ride & tie miles.

What is an Elevator Ride?

Answer: Some teams who have signed up for a short course ride & tie may decide that they are having so much fun that they wish they had signed up for the long course. At some races competitors may "ELEVATE" from the short course to a longer course. Thus it becomes an "ELEVATOR RIDE!"

At the discretion of the race director, teams may be allowed to elevate to a next highest distance, that is, a team can compete in a longer distance than the one initially entered. Following are the guidelines approved by the Board of Directors:

1. Teams may elevate only one distance level.
2. If participants choose to elevate they do not get credit for the shorter distance once have committed to elevate, even if they do not complete the longer distance.
3. Teams must pay the entry fees charged for the longer distance.
4. Teams must start at the same time and follow the same course as the longer distance.

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 Color Country - Hurricane UT April 9-11
 Antelope Island - Antelope Is. UT April 17-18
 Milwaukee Rail Trail - Elensburg WA April 24
 Owyhee Spring - Oregona ID May 1
 Fandango Pioneer - Oregona ID May 28-30
 Klickitat Trek - Glenwood WA June 5-6
 Ride & Tie Championship - Mt. Adams WA June 19-20
 Bandit Springs - Ochoco Nat'l Forest OR July 10-11
 Tevis Cup - Robie Park/Auburn CA July 24

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MARCH MYSTERY PHOTO

From Jim Steere: I know and I ain't telling!

From Mary Tiscornia: That's Jim Steere, my partner running. Our horse was Theban Prince, a Swaps T.B colt. 1971 Mt. St Helena to Sonoma. The first R&T. We even then knew enough to keep cool with head towels and a canteen, no water bottles then. We even let our horses and ourselves drink at every creek. That was before Giardia. I remember being told I would cramp and be ill if I drank while running. We could barely run an inch then...I don't know what we would have done if we hadn't stayed cool and hydrated. What a curious time.