



Please accept this invitation from the
Ride & Tie Association

YOU are invited:

35 Mile Championship Ride & Tie

15 Mile Ride & Tie

50 Mile Endurance Ride (AERC Sanctioned)

25 Mile Limited Distance (AERC Sanctioned)

35 Mile Trail Run

20 Mile Ride - 10k Run Biathlon (Sunday)

September 15 & 16, 2001

Euer Valley Ranch

Truckee, CA

7-1020-73210 7-118 700-7

720-711-0211

The Ride & Tie Association Mentor Program

The Ride and Tie Association Mentor Program provides a knowledgeable, local resource for people interested in participating in our sport. Ride & Tie mentors are a group of dedicated ride & tie participants throughout the US who are willing to share their time and experience. They provide answers to the most common questions like, "What should I wear for ride & tie," "How far do I have to run," "How do you know when and where to tie the horse," and many others.. They may also conduct ride & tie training clinics, find teammates and horses for new people and help people complete their first race. The Ride and Tie Association's mentors are listed at www.rideandtie.org. The current Mentor team is:

California's South Bay Area:	Curt Riffle, 650-949-0620, curt_riffle@hp.com
California's North Bay Area:	Robert Eichstaedt, 415-389-9045, re@well.com
California's Sacramento Area:	Tom and Laura Christofk, 530-268-8647, laura@two-west.com
California's San Diego Area:	Rufus Schneider, 619.445.2060
Oregon:	Annette Parsons, 541-846-6656, aparsons@terragon.com
Seattle Area:	Dave Riffle, 425-881-7595, nwridentie@hotmail.com
Virginia/East Coast:	Lani Newcomb, Give2bute@aol.com

Feel free to contact these wonderful people for information on ride & tie in their areas. **WE ARE LOOKING FOR MORE MENTORS IN OTHER AREAS!** Please call Curt Riffle @ 650-949-0620 if you are interested in becoming a mentor.

More Members of the Ride & Tie Association, Please!

The number of members of the Association has become dangerously low over the last couple of years and we need your help NOW! In the mid-90's we had approximately 500 members. As of December, 2000, we had less than 200 members. Our Association is funded solely by membership dues and donations. Without more income from dues and donations, the Association cannot fulfill its responsibility to "assure the longevity of the sport of Ride & Tie." By the way, the Championship event is a completely separate activity with completely separate financials from the Association.

Why should someone become a member of the Association? First, they will receive this outstanding Newsletter every two months! It is the only source of information in the world on upcoming races, how to prepare yourself and your horse and your crew for ride & tie events and results of past races. Second, members who are either first year or are Competitor members save \$10 for each sanctioned race they enter. Third, members are eligible for the annual points and awards and career milage tracking. Finally members can also use the Association community to find teammates, horses and equipment.

Membership dues and donations provide funding for the administration of our Association (ie, Judy!), the printing and postage for the bi-monthly Newsletter, the maintenance and on-line charges for our very popular web site, publicity activities such as the booth at the AERC Convention and magazine ads and membership activities such as funding for the pro-am races throughout the country.

Our goal over the next 3 years is to grow our membership at least 30% per year. For 2001 we must add approximately 60 more members than last year. You can help by renewing your own membership if you haven't already. If you are a Life member, consider making a donation during this critical time. You can also encourage your friends and family to become members as well for as little as \$20 per year. Without our Association, our sport may cease to exist. We need your help, please!

Junior Scholarship for the Championship

Congratulations to Louis Ruprecht, the winner of the Junior Scholarship at the 2000 Ride & Tie Championship. Louis won a free entry to the 2001 Championship event courtesy of the Ride and Tie Association. The Association will continue the Junior Scholarship again this year. To qualify for this special award, the participant must be under 18 years of age and must be the first Junior to finish the event. Time to start training with the kids, dads and moms! Will it be two years in a row this year, Louis?

Shine & Shine Only Ride & Tie

Cheryl Domnitch.....Race Director

One out of three races isn't bad! The year got off to a wet start with the January and February Shine & Shine Only (SASO) RAT inaugural year races being canceled due to park closures. I cannot say that I did not start to get a little nervous that when the Wednesday before the March race the weather report started calling for weekend rain. March 24, however, turned out to be a perfect weather racing day.

The final tally was six teams competing, four in the 22-mile sanctioned event and two teams out for a great time in the 10-mile event. Steve Shaw and Michele Shaw are especially commended for teaming up with novices, Cristina Penilla and Tracy Hofstrand, respectively. The team of Les Nightingill, Dawn Hartsock and Slick, entered in the 10-mile event, but walked back from the vet check, so maybe we should give them credit for a sanctioned distance!? At the last minute we lost four teams due to human and horse illness. This was particularly unfortunate for me because Curt Riffle and I had big bucks bet for reaching 10 teams!...Curt, there's always next year! I will say that while more teams would have been great, and of course necessary, to keep this crazy sport alive, I had my hands full managing my first race with six teams. Thanks to everybody who helped prior to the event and as volunteers on race day.

Camping and vetting started on Friday night at Maryben Stover's pasture. The place was hopping because the 50 or so teams participating in the 25/50-mile Endurance Rides were also there. Becky Widler's horse Don, definitely let us know that he knew it was the first RAT of the season (in northern California) by showing his excitement with an escape from his trailer tie and making a mad dash across the pasture.



Don, Becky and Laurie Wilson, in typical form let us all know that they have stayed in shape during the winter months by their overall win and the Best Condition award to Don.

The race start on Saturday morning was scheduled for 8:30 a.m. intentionally to avoid conflict with the Endurance Riders at the 10 mile vet check. I did not hear any complaints from the Endurance Riders or the RATs so I'd say the combined event was quite successful.

The start was not unusually eventful, except that it took Jim Steere and Wesob about five minutes to cross the start line and when they finally did, Jim made him turn around and do it all over again.

And they were off! The course at Almaden Quicksilver Park was similar to the Quicksilver Pro-Am course (Don't forget to be there on May 5!), except the first loop was eliminated, and a new section, including some single track was added towards the end of the race. The new section called "English Camp", is an historic area of the park that used to house a community of Quicksilver miners. Some of the structures and the old cemetery still exist. This section of the park was only re-opened to the public a few years ago. I'm sure all of the RATs took the opportunity to enjoy the local historic landmark.

The best part of the course is that the participants only had to climb "Cardiac" once! So for those of you looking for a good excuse to get out there next January, February and March, there you have it! Do you need another reason?..... I neglected to mention during the pre-race meeting that early spring is the mating season for wild turkeys living in the park. While marking trails, Friday before the race, we saw two males with their plumes fully extended coaxing the females. I had intended to remind everybody to keep their cars and eyes open for them, but I had a senior moment...Oh well, you can always see them at next year's SASO race series.....

All, well nearly all, teams finished with huge grins on their faces, and gave me the ultimate compliment by telling me the course was well marked (I did have help), so overall I'd say the day was a tremendous success. I had almost as much as fun as when I'm racing...SASO 2002!

Shine & Shine Only	22 Miles	3/24/01
1. Becky Widler/Laurie Wilson	Don	2:06
2. Warren Hellman/Jeff Townsend	Sam	2:16
3. James Steere/Thomas Steere	Wesob	3:10
4. Steve Shaw/Cristina Penilla	Cougar's Clown	3:21
	10 Miles	
1. Les Nightingill/Dawn Hartsock	Slick	1:11
2. Michele Shaw/Tracy Hofstrand	Moose	1:13

GOING DOWN

In an on-going effort to make the Ride & Tie Association more "user friendly", the Competitor Membership fees have been **LOWERED!**

The Competitor Member fee is now \$40.00

The Competitor Family Membership is now \$60.00

Refunds will be issued to anyone who has paid since January 1, 2001.

2000 ANNUAL REPORT OF THE RIDE AND TIE ASSOCIATION

INCOME STATEMENT (JANUARY 1, 2000 - DECEMBER 31, 2000)

INCOME	AMOUNT	% TOTAL	EXPENSES	AMOUNT	% TOTAL
DONATIONS (NON-ENDOWMENT)	\$27,214	54%	2000 CHAMPIONSHIP RACE*	\$41,410	80%
ENTRY FEES	8,930	18%	NEWSLETTER	3,320	6%
MEMBERSHIP DUES	6,061	12%	INSURANCE	1,360	3%
MERCHANDISE SALES	5,529	11%	ADMINISTRATIVE**	2,118	4%
SPONSORSHIP	250	0%	ANNUAL AWARDS BANQUET	0	0%
ERTC BANQUET	1,460	3%	AWARDS (PRO-AM, ANNUAL)	323	1%
ANNUAL AWARDS BANQUET	0	0%	PUBLICITY / WEBSITE	3,107	6%
INSURANCE	1,030	2%	AERC CONVENTION	167	0%
INTEREST	282	1%	COMPUTER/SOFTWARE	0	0%
TOTAL INCOME	\$50,756	100%	TOTAL EXPENSES	\$51,805	100%
<i>* SEE EXPESE DETAILS BELOW</i>			OPERATING LOSS	-\$1,049	

ENDOWMENT FUND ACTMITY

ENDOWMENT FUND DONATIONS	\$0	ENDOWMENT FUND EARNINGS	\$4,422
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BALANCE SHEET (DECEMBER 31, 2000)

CURRENT ASSETS		CURRENT LIABILITIES	
CASH IN BANK	\$47,559	ACCOUNTS PAYABLE	\$0
ACCOUNTS RECEIVABLE	\$5,000		
TOTAL CURRENT ASSETS	\$52,559	TOTAL CURRENT LIABILITIES	\$0
ENDOWMENT FUND	\$33,650	CAPITAL	
		CASH (GENERAL ACCOUNT)	\$8,112
		CASH (RACE ACCOUNT)	\$39,447
		ENDOWMENT FUND	\$33,650
		OTHER	\$5,000
		TOTAL CAPITAL	\$86,209
TOTAL ASSETS	\$86,209	TOTAL LIABILITIES/CAPITAL	\$86,209

DETAILED EXPENSES

ADMINISTRATIVE		2000 CHAMPIONSHIP RACE	
ADMINISTRATIVE DIRECTOR	860	AWARDS	6,880
TELEPHONE	848	BANQUET	4,050
POSTAGE	247	PUBLICITY/POSTER	1,392
PRINTING/COPIES	21	MERCHANDISE FOR RESALE	8,115
OFFICE SUPPLIES	82	PERSONNEL (VETS, RACE DIR,	15,440
MISC (BANK FEES, TAXES, ETC)	60	RESTROOMS & RUBBISH	2,345
TOTAL	\$2,118	TRAIL WORK/PERMITS/EQUIP	2,241
		DRUG FEES	126
		AMBULANCE/AID	45
		PRINTING	1,382
		POSTAGE/SHIPPING	222
		TELEPHONE	881
		OFFICE SUPPLIES	50
		INSURANCE	340
		MISC	101
		TOTAL	\$41,410

Making a tie rope:

Materials (go to REI; remember to pick up some GU):

8-10 feet of rock climbing webbing - 1 inch wide

2 carabiners - regular size, quick release

1 aluminum O ring

Assembly:

Tie the O ring about 3 feet from one end of the webbing using a square knot.

Tie the carabiners to each end of the webbing with a square knot. Duct tape

over the knots and carabiners to keep the webbing from sliding on the

carabiners. Give some quick yanks to make sure it is "set". Be sure to

remove any price tags, then rub in horse sweat and dirt to "season" it.

Time for ride & tie!

Many THANKS to Cheryl Domnitch for planning the 2000 Annual Awards Banquet which was held March 24th. Those who were unable to attend missed some great food and a good visit with fellow R&T's. Cheryl survived not ONE but TWO rained out SASO Ride & Tie competitions to hang-in-there and produce a fine event that same day.

Volunteers needed

The Championship Ride & Tie and Invitational 2001 Needs YOU

Place: Euer Valley Ranch, Truckee, CA

Time: September 15, 16 (all weekend!)

Race day volunteer opportunities will be posted on the website

www.rideandtie.org phone 530-268-8647 laura@two-west.com

TEAM POINT STANDINGS 2000 (TOP 5)

	Cahuilla Hts	No Frills 25	Big Creek	Browning	Championships	Champagne	Horse Thief Canyon	Swanton Pacific	Headwaters	Rockbridge	Big South Fork	Fort Valley 30	Fort Valley 50	Total
Man/Man Teams														
W.Hellman/J.Townsend			48		65	25								138
T.Johnson/S.Lightfoot				31	80									111
R.Anderson/C.Turney					77									77
J.Howard/D.Rinde					74									74
D.Andreotti/J.Max				25	47									72
Man/Woman Teams														
D.Rinde/E.Rinde								100						100
T.Gey/E.Ruprecht					62									62
M.Ribley/R.Ribley					59									59
C.Ruprecht/T.Ruprecht					56									56
Byron Grant/D.Tryde					53									53
Woman/Woman Teams														
K.Broadus/L.Newcomb		28			38			DNF		31	50		53	200
J.Haug/J.Heishman								103			53			156
M.Tiscornia/R.Toor			33		53				36					122
L.Riebling/B.Widler			36		56									92
J.Chrisite/J.Haug										34			50	84

RIDE & TIE RACE SCHEDULE 2001

May 5, 2001

Quicksilver Pro-Am
Almaden Quicksilver Park
San Jose, CA
5, 14, 23 miles
Curt Riffle
650-949-0620

May 13, 2001

Prineville Rides
Smith Rock State Park
Prineville, OR
15-18 & 8-10 miles
Bill Mintiens
541-549-0912

June 5-July 31, 2001

2001 Mile XP
St Joseph, MO-Sacramento, CA
50 miles per day – 40 days
Individual days available
Steve Shaw
530-292-1902

July 7, 2001

Swanton 100
Yes.....100miles
Santa Cruz, CA
(Davenport)
75, 100 miles
Ellan Rinde
408-423-6089

July 28, 2001

Fireworks
Santa Cruz, CA
25 miles
Liz Maitoza
831-763-7885
Cherly Domnitch
408-879-0749

August 26, 2001

Yes...Sunday
Headwaters of the Rogue
10, 30 miles
Hamaker Meadows
(near Crater Lake, OR)
Annette Parsons
541-846-6656

September 2, 2001

Rockbridge
Rockbridge, VA
12, 25, 50 miles
Jean Heishman
540-933-6991

September 9, 2001

Big South Fork
Onieda, TN
10, 25, 50 miles
Joanne Grimes
865-693-4308

September 15, 2001

Championship &
Invitational
Truckee, CA
15, 35 miles
25, 50 AERC Endurance
35 mile Trail Run

October 26, 2001

Ft Valley
Ft Valley, VA
12, 25, 50 miles
Jean Heishman
540-933-6991

September 16, 2001
Biathlon

20 mile ride/10k run
Team/Ironman/Ironwoman
Laura Christofk
laura@two-west.com
530-268-8647

New Rides

Southern California Ride & Tie Series

June (tbd), 2001

Monte Vista Ranch
Ramona, CA
short/long course
Rufus Schneider
619-445-2060
Kathy Appleby
760-789-9931

August 11, 2001

Horse Thief Canyon
Descanso, CA
12, 23 miles
Rufus Schneider
619-445-2060

October 6, 2001

Manzanita
Boulevard, CA
13, 25 miles
Terry Woolley Howe
619-445-5443

November 3, 2001

Cuyamaca
Descanso, CA
25 miles
Terry Woolley Howe
619-445-5443

See article next page for details on So Ca R&T Buckle Series

Southern California Ride & Tie Series

from Sharen McColl

Join us, the Southern California Ride & Tier's, for an exciting NEW series..... and a BUCKLE series at that! Four (4) Ride and Tie competitions are scheduled in our area.

The first race will be in Ramona, CA, in June. This will be the first R&T held in Ramona. How wonderful to find a new venue for our sport.

The second in the series will be the 3rd Annual Horse Thief Canyon R&T, located just off interstate 8 in San Diego's east county. Easy access, a great course with varied terrain, and a great awards banquet have made this race a past favorite among area R & T's.

The Manzanita R&T will be the third in the series. Being held on October 6th along with the Manzanita Endurance Ride at the Manzanita campground, complete with corrals, RV hookups, campsites with lots of trees and hot (yes, hot) showers. This is a wonderful, fast course, and the views out there are just one highlight of a super weekend.

For our fourth and final race in the series, we are happy to announce the return of the "Cuyamaca Ride & Tie"! This final race will be held November 3th in the mountain area of San Diego. As many of you know from the past, this site is equipped with all the amenities. The course winds through the mountains, high pines, and beautiful meadows.

Competitors completing all four of the series Ride & Ties will be awarded custom belt buckles. This will be done on an individual basis, so you may team up with a different partner (bring in some new R&T's) for each race. A horse completing all four races will also be eligible for a series halter. A five dollar surcharge will be added to entry fees for this series.

All four races will have their own awards for that particular race as usual with points earned for R&T association members. You must be an association member to participate in the series. You can join at the first, or any Ride & Tie event for only \$20 for the 1st year membership.

Everyone is invited! We are working hard down here to get new members, and current

member support is very important. Call Rufus Schneider (619) 445-2060/ Fax: (619) 445- 6075 with questions.

Ride & Tie Coaching Tip #1

Runners, remember to drink! Make sure you drink at least one water bottle (16 oz) every hour. Experiment with the various sport drinks BEFORE the race and pick one that works for you. Drink at least one water bottle before the race to make sure you are hydrated. Dehydration can cause muscle cramping and can lead to "bonking". I have found that a mix of 50% water and 50% Gatorade works well with Gu and doesn't cause stomach/intestine discomfort. Energy drinks help replenish the electrolytes you lose with sweat. Runners going out of the vet check should always carry water! You may not see your horse and partner (and therefore water) again for 30 minutes or longer! Have pre-filled water bottles for your crew to quickly replace the containers carried on the horse. Neoprene bottle carriers for saddle's pommel or cantel seem to work the best. Look for water bottles made by Specialized. Their caps work the best and they don't retain the flavor of the liquid. While a cold beer really tastes good after an event, make sure you drink water and/or an electrolyte.

Pro-Am Ride & Ties – New People and Lotsa Fun!

Pro-Am racing is the most fun way to involve new people in our sport. A pro-am team consists of an experienced ride & tier (completed 3 sanctioned races) and an amateur. Consider it a type of on-the-job training! While our sport seems simple, it can become very complex to someone who is new. Having someone to "lean on" really can help make the sport be even more fun. Pro-Am teams only compete against other pro-am teams in these special pro-am races while pro-pro teams do not receive team points in the Association's annual points competition. This encourages pro competitors to team with amateurs and hopefully find more new people. The Association partially funds awards for the Pro-Am category including a free entry to the next Championship to the winning pro-am team. Pro-Am race managers can help match amateurs with pros and often, as in the case of the Quicksilver Pro-Am, hold practice clinics before the actual race so these new teams can prepare for the event. Here is a list of this season's sanctioned pro-am ride & tie events:

May 5	The Quicksilver Pro-Am	San Jose, CA	Curt Riffle, 650-949-0620
Aug 26	Headwaters of the Rogue	Crater Lake, OR	Annette Parsons, 541-846-6656
Sept 9	Big South Fork	Onieda, TN	Joanne Grimes, 865-693-4308
Sept 15	The Ride and Tie Championship	Truckee, CA	Laura Christofk, 530-268-8647
Oct 26	Fort Valley	Ft. Valley, VA	Jean Heishman, 540-933-6991



PO Box 697
 Foresthill, CA 95631
 (530) 367-2525
 www.rideandtie.org

RETURN SERVICE REQUESTED

MEMBERSHIP FORM

Mail to P.O. Box 697, Foresthill, CA 95631

Name(s) _____

 Address _____

 Phone _____
 E Mail address _____

- I am a Rider
- I am a Runner
- I need a teammate and a horse
- I have a horse, but need a teammate
- I have a horse to loan or lease

TYPE OF MEMBERSHIP

(check your choice of membership)

- Lifetime member (\$500)** Pay no more annual membership fees. Eligible for special savings as offered.
- Competitor Member (\$40)** Provides access to the membership database which can link up teammates with horse, riders and runners.
- Competitor Family Membership (\$60)** Immediate family residing at one address. Please list all names to be included.
- New Member-1st Year (\$20)** Offered at a reduced rate for those checking out the sport. Equivalent to a competitor membership.
- New Family Membership (\$35)** Immediate family residing at one address. Please list all names to be included.
- Supporter (\$100 or more)** Same benefits as a competitor member. Also eligible for special savings as offered.
- Friend of the Ride & Tie (\$20)** Not an actual competitor but would like to show their support for ride & tie. Included in all Association mailings.

All categories of membership will receive Ride & Tie News bimonthly, The Ride & Tie Journal annually, information and applications for the annual World Championship Ride & Tie, advocacy for growth and competition in all aspects of the sport, inclusion and eligibility for the national point system and assurance of the continuance of the sport of Ride & Tie. As a 501(c)(3) non profit organization, these membership contributions are tax deductible.

HORSE REGISTRATION FORM (ONE HORSE PER FORM)

REGISTERED NAME OF HORSE _____

NAME (NICK NAME) As you wish it to appear in future race results _____

GELDING MARE STALLION BREED _____

OWNER (IF DIFFERENT FROM

ABOVE) Name _____

Address _____

Phone _____